

Yoga



In-person classes

At the Terrace Restaurant,
Audrey Emerton Building

Top floor - please use the lift

Tuesdays - 17:15- 18:15

£6 per class or £25 for 5 classes

Suitable for all ages and levels of flexibility

Just bring a mat

1 to 1 and online classes available upon request

For more information, please get in touch @ son.yoga@yahoo.com