



**University  
Hospitals Sussex**  
NHS Foundation Trust

# A brief introduction to Trevor Mann Baby Unit (TMBU)

Neonatal

Patient information

This is a brief guide to the most important information you need on admission to TMBU.

A more comprehensive booklet 'Welcome to TMBU' is available to view online. See the link below to view the booklet, you will find the leaflets listed in alphabetical order.

[https://www.bsuh.nhs.uk/your-visit/patient-information-leaflets/?fwp\\_leaflets=neonatology](https://www.bsuh.nhs.uk/your-visit/patient-information-leaflets/?fwp_leaflets=neonatology)

## Visiting

- Parents and Siblings can visit at any time.
- Other Visitors – Visiting is from 1pm – 3pm and 5pm – 7.30pm. Visitors must be accompanied by at least 1 parent / carer and maximum 3 people at the cot side. Children under 16yrs old (except siblings) may not visit or enter TMBU.

## Hand washing

- Everyone must remove all bracelets/watches and rings with stones before entering the nursery. Sleeves must be rolled up and hands washed every time on entering and leaving the nursery.

## Facilities

- There is a sitting area to your right as you enter the unit. Please be considerate about the number of visitors you bring as this area can become very busy at times. There is also a kitchen for parents / carers to use to prepare food and drink. Hot drinks must be consumed in the sitting area only. There is also a bathroom for parents and visitors.

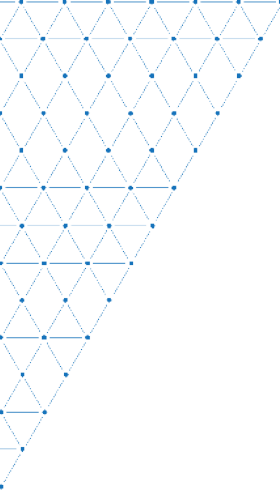
## Telephone Information

- Parents may ring anytime for updates on their baby's condition. Relatives will not be given any information over the phone and should gain information directly from the parents.

## Trevor Mann Baby Unit

The Royal Sussex County Hospital  
Eastern Road  
Brighton BN2 5BE

**01273 523450 / 01273 696955 Ext. 64377**



**This leaflet is intended for patients receiving care  
in Brighton & Hove or Haywards Heath**

Ref. number: 910.1  
Publication date: 08/2022  
Review date: 08/2025

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