Active Infection Information from IBD website at [www.uhsussex.nhs.uk/services/ibd/](http://www.uhsussex.nhs.uk/services/ibd/)

# Active infections

## Non-Covid

If you take a mesalazine (e.g. Octasa, Salofalk, Pentasa, Asacol) you can continue this medication even if you have a temperature.

For all other IBD medications, if you are unwell with a temperature, pause the medications. Restart when well and you have finished taking any antimicrobials (e.g. antibiotics, antivirals and antifungals).  If the pause is likely to be over 2 weeks, please contact the IBD team uhsussex.ibdnursingservice@nhs.net

If you feel well, continue taking medication.

## Covid

[Letter to patients: Important information about treatments for Covid (136kB)](https://www.uhsussex.nhs.uk/content/uploads/2022/11/FINAL-Patient-Letter-Sussex-CMDU-June-23-1.docx)

If you have Covid symptoms, take a test immediately, even if symptoms are mild.

If the test is negative but you continue to have symptoms, take another test on each of the next two days (three tests in total over three days).

Report the test result where possible at [www.gov.uk/report-covid19-result](https://www.gov.uk/report-covid19-result) or by calling 119

For all medications for IBD, except mesalazines, you are likely to be eligible for anti-viral treatment. You can self-refer to [Alliance for Better Care](https://allianceforbettercare.org/nmabs/) or contact your GP practice or NHS 111 immediately.

Mesalazine can continue.

Steroids are likely to continue, but please check with the IBD team via uhsussex.ibdnursingservice@nhs.net

Other immunomodulators must be paused until Covid symptoms have gone.