

UHSussex Environment Week

2023 Programme of Events:

Travel Roadshows

We are relaunching our Green Travel Roadshows across sites during February and March to highlight the array of sustainable travel options available via the Trust.

Colleagues who visit the roadshows will have access to:

- **Dr Bike maintenance sessions** - 30 min free service, repair and maintenance
- **Security bike marking** - Helps to reduce the chances of theft
- **Free breakfast or lunch** - For the first 40 colleagues who cycle to work on the day

The roadshows will kick-off during Environment Week on:

- **Tues 21 Feb:** RSCH, Audrey Emerton Building (AEB), Main Reception Foyer, 8.30am-2pm. Dr Bike will run from 1pm-4pm.
- **Thurs 23 Feb:** Worthing, East Wing Penguin Foyer on the ground floor, 8.30am-2pm. Dr Bike will run from 11am-2pm outside the main entrance of the hospital
- **Tuesday 14 March:** St Richard's Hospital, details to follow
- **Thursday 16 March:** Princess Royal Hospital, details to follow

Dr Bike sessions must be pre-booked via: uhsussex.green.travel.team@nhs.net

40 breakfast bags or meal deal vouchers are available on a first-come, first-served basis for colleagues who cycle into work on the day - collect from the roadshow team.

Gloves Off virtual discussion with expert speakers

Hear more about our plans to nurture a "gloves off" culture, reducing the unnecessary use of single-use gloves. Speakers include UHSussex Green Clinical leads, and guests from University of West London and Great Ormond Street. You'll also be able to ask questions.

- **Thurs 23 Feb,** MS Teams, 1-2pm - Joining link to add to your diary: bit.ly/3DTpatN
The session will be recorded and shared for those who can't make it.

Competition and prize draw

Put your knowledge of our Green Plan to the test in our short quiz and be in with the chance of winning a bike. Plus tell us the pledge you will make to support our aims, to get entered into a prize drawer



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