



**University  
Hospitals Sussex**  
NHS Foundation Trust

# Home non- invasive ventilation information and prescription book

**Name:**

**Hospital ID:**

**NHS Number:**

**Date initiation of therapy:**

**Patient information**

# Ventilator information

Make:

---

Model:

---

S/N:

D/N:

---

Mask type:

Size:

---

Tubing:

---

Humidification:

Yes

No

Level

Smoker:

Yes

No

Oxygen entrained?

Yes

No

Oxygen prescription for NIV use only:

L/min

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# Ventilator setting prescription

Mode:

---

IPAP

EPAP

Back-up respiratory rate

Insp. Trigger

Cycle

Ti min

Ti max

Rise Time

Ramp

## Troubleshooting

Problem	Action
Feeling unwell	If this is not an emergency contact your GP. For out of hour's advice call <b>111</b> .
Feeling unwell and need specific advice regarding your NIV therapy	Contact the Home NIV service (Monday to Friday 9:00-17:00h*) on: Email: <a href="mailto:uhsussex.homenivservice@nhs.net">uhsussex.homenivservice@nhs.net</a> Tel: <b>07780 684714</b> Mob: <b>07825 357607</b>  Outside of these hours please attend the Emergency Department.
Feeling severely unwell	For emergencies contact <b>999</b> .
For spare consumables (mask, straps, filters, tubing) Or Problem with mask fitting Or Problem with Ventilator settings	Contact the Home NIV service (Monday to Friday 8:00 -16:00h*) on: <b>01273696955 Ext. 64124</b> Email: <a href="mailto:uhsussex.homenivservice@nhs.net">uhsussex.homenivservice@nhs.net</a>  Outside of these hours you will need to wait until the next working day to request.  If you are feeling unwell without the ventilator, please attend the Emergency Department.
NIV device due servicing Moving to a new house Contact the GP surgery	Contact the Home NIV service (Monday to Friday 9:00-17:00h) on: <b>01273696955 Ext. 64124</b>  Email: <a href="mailto:uhsussex.homenivservice@nhs.net">uhsussex.homenivservice@nhs.net</a>

## Frequently asked questions

Question	Answer
<b>Need to change hospital appointment</b>	Contact booking hub on: Tel. <b>0300 303 8360</b> Email: <a href="mailto:uhsussex.outpatients.bookingcentre@nhs.net">uhsussex.outpatients.bookingcentre@nhs.net</a>
<b>What do I do when I go on holiday?</b>	Take your device as hand-luggage. Contact our service and we will provide you with a travel letter. The medical team may need to fill in a MEDIF form from your airline. Please discuss this with the medical team and ask the airline for any documentation that needs to be filled in prior to departure and on your return.

## Maintaining the equipment

- **Mask:** needs to be cleaned daily after use with warm soapy water and left to air dry. Headgear can be washed monthly with warm soapy water and left to air dry.
- **Tubing:** To be cleaned weekly with warm soapy water and let to dry hanging over door frame, shower rail.
- **Humidifier water chamber** needs to be emptied daily and left to air dry. If a build-up of lime scale occurs, apply white vinegar or lemon juice in the humidifier chamber and let it soak. Then rinse thoroughly before use. Alternatively, it can be placed in the dishwasher's top shelf only, on a wash below 60°C **DO NOT USE DESCALENTS** such as Viakal.
- **Filters** to be checked monthly and will generally require changing every 3 months. Depending on environmental factors, it may require more regular changing. For instances if pets, smoking or exposure to dusts.
- **Device** to be damp dusted monthly to ensure in good order.

# Questions and notes

**This leaflet is intended for patients receiving care  
in Brighton & Hove or Haywards Heath**

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