

# We're here to help PALS

**Patient Advice and Liaison Service** 

Offering assistance to patients, their relatives and carers

**Patient information** 

#### We can help you



Find out about NHS Services



Tell you who can support you to say thank you or to make a complaint



We will try to make things better



You can talk to us about anything to do with the NHS

### **Keeping things private**



We keep the things you tell us private



We only talk to health workers if you want us to and think it will help



If someone else is in danger we might not be able to keep things quiet. We will talk to you about this.

# These are the ways to contact PALS



Face to face





Phone us on 01444 448678

E-mail us at – uhsussex.pals@nhs.net

Website – www.uhsussex.nhs.uk



## When is PALS open?

## We are open 10am to 4pm Monday to Friday



10.00



4.00

Monday	10am - 4pm
Tuesday	10am - 4pm
Wednesday	10am - 4pm
Thursday	10am - 4pm
Friday	10am - 4pm
Saturday	Closed
Sunday	Closed

#### Phone 01444 448678

Leave a message on our answer phone when we are closed.

We will ring you back as soon as we can.

We are not open in the evening Saturdays and Sundays or on bank holidays.



#### This leaflet is intended for patients receiving care in Brighton & Hove or Haywards Heath

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