



University
Hospitals Sussex
NHS Foundation Trust

the
alex



Gloves Off Campaign

information for parents, carers & relatives

Why is the policy changing?

We are trying to reduce the number of plastic gloves we use in this Trust because:

- They do not always reduce the risk of infection.
- Sometimes we need to change what we do to make sure everyone is looked after in the best way for them.
- They end up in landfill and are bad for the environment.



What does this mean for me?

You as a patient or relative don't need to do anything differently. You might just notice some differences if you have been at The Alex before.



You might see different types of gloves being used, or no gloves at all.

The staff looking after you will have had training about the new policy. They will assess each task to decide what action to take. This depends on the task and what is safest for you.

They will know when we should use gloves and what sort of gloves we should use.

Frequently asked questions

“Will people have clean hands if they are not using gloves?”

Yes – staff are trained in how to wash hands. They will know when to wash with soap and water, or alcohol gel.

“Where can I find out more information about this?”

If you have any questions or need more information, just speak to the staff looking after you. You can also look at these websites and articles:

<https://www.gosh.nhs.uk/news/gloves-are-off/>

<https://www.rcn.org.uk/magazines/Action/2022/Jan/How-to-reduce-glove-use-170122>

<https://www.england.nhs.uk/national-infection-prevention-and-control-manual-nipcm-for-england/>



Gloves

off: You don't have to wear gloves when...



 <p>1 Checking blood pressure and temperature</p>	 <p>2 Dispensing medication to a patient</p>	 <p>3 Handing out and collecting meal trays</p>	 <p>4 Touching a patient</p>
 <p>5 Making and handing out hot drinks</p>	 <p>6 Pushing a chair, trolley or bed and mobilising a patient</p>	 <p>7 Using a phone or computer</p>	 <p>8 Giving IM injections and drawing IV medication</p>

Remember to maintain good hand hygiene by regularly washing your hands with soap and water



The official fundraising arm of the
Royal Alexandra Children's Hospital.

Did you know...

Another hospital that implemented the 'gloves off' campaign used 21 tonnes less gloves in a year... that's the same as 3 and a half T-Rex!

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