

Your diabetes care during your hospital stay



Coming into hospital

- Please bring all your usual diabetes medications, monitoring equipment and hypo treatment



In hospital

- Being in hospital can disrupt your diabetes. We are there to support you through this
- If you need any support with your diabetes ask to be referred to the Inpatient Diabetes Team
- You may have a review of or adjustment to your diabetes medications
- Ward staff will check your glucose; you can check it too
- If your health allows it, you may be able to self-manage your diabetes
- You should have your feet checked within 24 hours of admission. Please let your nurse or doctor know if this has not happened





Diabetes and diet

- Hospital food and mealtimes can be different to what you're used to
- Your ward will be able to provide you with food or snacks to help with your diabetes
- If you carbohydrate count, ask the ward for the carbohydrate content of the hospital menu



Diabetes and surgery

- We may need to adjust your medications to keep you safe for surgery
- We will increase the frequency of glucose testing before, during, and after your surgery
- You may be connected to an intravenous insulin pump for surgery



Going home

- You will be given a discharge summary which will document any changes to your medications
- If needed we can give you a personal diabetes care plan on discharge
- We can contact your usual diabetes care provider to update them about your hospital stay