



**University
Hospitals Sussex**
NHS Foundation Trust

Wearing compression stockings after your procedure

Information for radiofrequency
ablation patients - Mr M Salman

Patient information

Why do I have to wear stockings after my procedure?

Compression stockings after this surgery are used to keep the treated vein, or veins, compressed until they are healed. This is a part of the radiofrequency ablation treatment and is vital for a good outcome.

How long do I have to wear the stockings?

1. For the first 48 hours after your operation:

Please keep your stockings on for 48 hours after your operation. You can take them off after this and have a shower. Soak the dressings on your legs until the dressings can be taken off. Then put on clean stockings.

2. For two weeks after your operation:

Please wear your stockings all day and all night. You can take them off to wash.

3. For two weeks after this:

Please wear your stockings in the daytime only. This is from when you get up in the morning, to when you go to bed.

4. After week four:

Stockings are no longer needed.

The stockings must be kept wrinkle-free at all times. This is to prevent damage to your skin.

How should I care for my stockings?

Stockings should be hand washed to avoid damage to the elastic.
Do not tumble dry.

Who can I contact for further help or advice?

If you have any questions or queries please contact:

Vascular Assessment Nurse Specialist Team

Jason Clark [07920 286368](tel:07920286368)

Abbey Gibbons [07770 498392](tel:07770498392)

Sue Ward [07770 826278](tel:07770826278)

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**This leaflet is intended for patients receiving care
in Brighton & Hove or Haywards Heath**

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