



**University
Hospitals Sussex**
NHS Foundation Trust

The Critical Care Outreach Team

Critical Care

Patient information

Who are the Critical Care Outreach Team?

The Critical Care Outreach Team (CCOT) are a team of experienced senior nurses who are specially trained to provide support to patients outside the Intensive Care Unit.

The CCOT are based in the hospital and can be contacted by the medical and nursing teams looking after you 24 hours a day. We help ward nurses and doctors to care for patients who are, or are at risk of being, very unwell in hospital.

Why has the CCOT come to see me?

We have been asked to see you today because the team caring for you feel that it would help you to have extra support or an assessment from the CCOT.

The CCOT work closely with your nurses and doctors and the intensive care doctors to make sure you are given the best possible care.

What happens if the CCOT become involved in my care?

The CCOT will:

- work out what you need and, with your doctors and nurses, make a plan to support you.
- organise or recommend any further monitoring, investigations (like tests or scans), or treatments you may need.
- work out if you need to be cared for in the Intensive Care Unit if you need more support, or if you can stay on the ward that you are already on.

Going to the Intensive Care Unit is not always required or the right choice for everyone, and we will always talk about this with you, your family, and your doctors first.

Who can I contact for further information and support?

We understand this may be a stressful time for both you and your relatives. Please do not hesitate to speak to your ward nursing team if you have any concerns and if you need to speak to a member of the CCOT team please ask your nurse to contact us, or see the contact details below.

How can I feed back about the CCOT service?

We welcome your feedback. Please use either the website <http://ratenhs.uk/q2sPoR> or the QR code below to access the feedback survey:



You can also email uhsussex.adult.critical.care.outreach@nhs.net for any non-urgent queries or feedback.

How to contact the CCOT

Royal Sussex County Hospital

01273 696955 Ext. 67472

Princess Royal Hospital

01444 441881 Ext. 68190

St Richards Hospital

Please ask a member of staff to **bleep 6342**.

01243 788122

Worthing hospital

Please ask a member of staff to **bleep 1428**

01903 205111

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