## What is green vomiting?

**Green vomit** (bilious vomit) is vomiting of green or yellow fluid from a baby's stomach.

## It is **NORMAI**

It may indicate an underlying issue that requires urgent medical attention





Bilious vomiting is

#### **NOT NORMAL**

and requires urgent medical attention!

Trust your instincts as a parent. If you're concerned seek medical attention urgently!



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Reference no. 2391



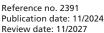
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# Signs and Symptoms

- **Vomiting**
- ✓ Abdominal distension
- Lethargy
- **✓** Irritability
- **✓** Poor feeding

## WHAT TO DO

### 1. Stay calm!

While it can be worrying, remember that prompt medical attention is vital!

## 2. Observe your baby

Note the frequency and colour of the vomits.

Frequent and recurring vomits coloured

Lemon to Spinach on the chart below

are abnormal and require medical attention.

## 3. Go to your nearest A+E!

Do not delay seeking help, especially if the baby is showing signs of distress or dehydration.

Milk
Lemon
Lime
Avocado
Pea
Spinach