NHS
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# Lung faster diagnosis service

Respiratory

Worthing Hospital

**Patient information**

## What happens next?

You have been referred to the faster diagnostic service at the hospital for an assessment of your respiratory symptoms.

This booklet will explain how the faster diagnosis service works and what to expect next.

Further investigations will now be arranged to provide us with more information to rule out cancer or to make a diagnosis. The types of tests will vary from person to person due to the range in presentation of symptoms and pre-existing health conditions.

## Your appointment today

You have been seen in a 2 week rule respiratory clinic.

Patients are usually referred to this clinic by their GP or health care professional for symptoms that might indicate a serious condition that can sometimes include cancer.

A respiratory consultant has seen you to take a history of your symptoms and ask about your general health, medications, smoking history and asbestos contact.

Investigations that you have had prior to attending this clinic will have been discussed with you such as results of a chest x-ray, CT scan or blood tests.

**Clinic date:** _____

**Consultant respiratory physician:** _____

**Faster diagnostic nurse:** _____

**Your investigations so far have shown:** _____

**We think this might be:** _____

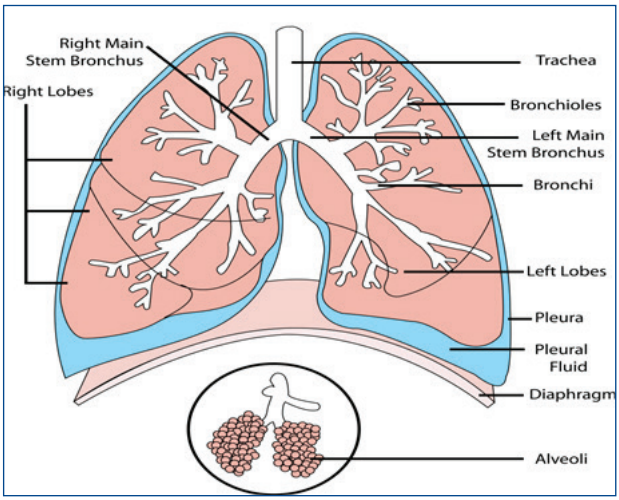



Diagram of the human lungs

## What tests am I likely to need?

Different tests give us different information about you and your lungs. You may need more than one test. You will be given more information about the test you need to have including any risks and benefits. You may require one or more of these investigations for us to obtain a tissue diagnosis.

**The most common tests are:**

- **Lung function tests:** To establish how well your lungs are working. **Performed at Worthing Hospital in the outpatients department.**
- **Blood test:** To help us find out about your general health. **Taken in Worthing Hospital Pathology 1st Floor of the outpatients block.**
- **CT scan:** This is a type of scan that gives a 3D picture of your body's organs. **Performed at Worthing Hospital radiology department.**
- **PET-CT scan:** This type of scan helps to identify areas of your body where cells are more active than normal. **Performed at Royal Sussex County Hospital (RSCH), Brighton, Louisa Martindale Building, Nuclear Medicine Department 2nd Floor, Lift A.**

- **Bronchoscopy:** This procedure allows the doctor to examine, photograph and when possible, take washings or a small biopsy of tissue from inside the airways/lungs. **Performed at Worthing Hospital in the Endoscopy department on a Monday or Thursday morning.**
- **Endobronchial Ultrasound (EBUS):** Similar to a bronchoscopy but uses ultrasound to take a small biopsy of tissue from lymph nodes in the chest. **Performed at Royal Sussex County Hospital (RSCH), Brighton. Endoscopy Unit which is on Level 9A of the Millennium Wing.**



- **Ultrasound guided biopsy:** Uses ultrasound scanning to identify the most useful area in the body, to take a tissue biopsy sample from. **This is performed in Ultrasound department at Worthing Hospital.**
- **CT Guided lung biopsy:** This procedure uses CT scanning to identify an area in the lung to take a tissue biopsy sample from by passing a needle through the skin under local anesthetic. **This is performed in department at Worthing Hospital Radiology department.**
- **Surgical biopsy:** A surgical procedure to examine lymph nodes in the chest or take a section of tissue from the lung. This type of test involves a general anesthetic and a short stay in hospital. **This will be performed at Guy's and St Thomas Hospital, London.**
- **Other tests.**

## Your results

Once we have the results, your results will be discussed at our multi-disciplinary team meeting which is held on Monday afternoons. This is where a team of health care professionals from different lung specialties agree on your diagnosis and decide what they feel would be the best treatment plan for you. The team includes Lung FDS nurse, lung cancer clinical nurse specialists, respiratory doctors, radiologists, pathologist, medical and clinical oncologists and thoracic surgeons.

It is important to remember that every person is individual and no diagnostic and treatment pathway will be the same. Plans can change based on the investigations we do and we may need to call you with further investigations. We will explain what the test involves and can also post or email information to you.

We may speak to you over the phone or in a clinic appointment to discuss the results.

A map of Worthing Hospital

# Map




## Quick find

- Blood test
- X-ray & Scans
- Pharmacy
- MFU / ENT
- Breast centre
- Diabetes centre
- Delivery Suite
  1st Floor

## Wards

| | Locations | Floor |
|---|---|---|
| Balcombe | East Wing | 1 |
| Beacon | East Wing | 1 |
| Becket | East Wing | 1 |
| Beeding | East Wing | 1 |
| Bluefin | East Wing | 1 |
| Botolphs | East Wing | 1 |
| Bramber | East Wing | 1 |
| Broadwater | West Wing | 1 |
| Buckingham | West Wing | 1 |
| Burlington | East Wing | 1 |
| Byworth | East Wing | 1 |
| Castle | East Wing | 2 |
| Chanctonbury Suite | East Wing | 2 |
| Chiltington | East Wing | 2 |
| Clapham | East Wing | 2 |
| Coombes | East Wing | 2 |
| Courtlands | West Wing | 2 |
| Critical Care Unit / Intensive Care | West Wing | 2 |
| Delivery Suite | East Wing | 1 |
| Ditchling | West Wing | 3 |
| Dixon (Renal Unit) | West Wing | 3 |
| Downlands Suite | West Wing | 3 |
| Durrington | West Wing | 3 |
| EastBrook | West Wing | 4 |
| Eartham | West Wing | 4 |
| Enhanced Surgical Care Unit | East Wing | 2 |
| Erringham | West Wing | 4 |
| Intensive Care / Critical Care Unit | West Wing | 2 |

## Departments

| | Location | Floor |
|---|---|---|
| Accident & Emergency | A&E | G |
| Amberley Unit | North Wing | G |
| Ante-Natal Clinic | East Wing | 1 |
| Audiology | East Wing | G |
| Bereavement Office | Arun Building | G |
| Blood Test (Pathology) | North Wing | 1 |
| Breast Care Centre | Park Avenue (via North Wing) | G |
| Cardiac Cath Lab | West Wing | 2 |
| Cardiac Department | East Wing | 2 |
| Cashier | West Wing | G |
| Children's Centre | East Wing | G |
| Clinical Decision Unit (CDU) | A&E | G |
| Colposcopy | East Wing | 1 |
| Diabetes Centre | Homefield | G |
| Discharge Lounge | North Wing | G |
| Early Pregnancy Advice Clinic (EPAC) | East Wing | 1 |
| Endocrinology | Homefield | G |
| Endoscopy | West Wing | G |
| Ear, Nose and Throat (ENT) | East Wing | G |
| Emergency Floor (A,B,C,D) | East Wing | G |
| Fetal Day Assessment | East Wing | 1 |
| Fracture Clinic | Outpatients | G |
| Gynaecology Day Unit | East Wing | 1 |
| Hysteroscopy | East Wing | 1 |
| Hydrotherapy | North Wing | G |
| Maternity (Delivery suite) | East Wing | 1 |
| Maxillo Facial (MFU) / Orthodontics | East Wing | G |
| Mortuary | North Wing | G |
| Occupational Therapy | North Wing | G |
| Orthoptic Clinic | East Wing | 1 |
| Outpatients (Main) | Outpatients | G |
| Patient Liaison Service (PALS) | West Wing | G |
| Pathology (Blood Test) | North Wing | 1 |
| Patient Services (by Main Entrance) | East Wing | G |
| Pharmacy | East Wing | G |
| Physiotherapy | North Wing | G |
| Plaster room | East Wing | G |
| Radiology (X-Ray & Scans) | East Wing | G |
| Reception (by Main Entrance) | East Wing | G |
| The Serenity Garden | East Wing | G |
| Sleep Clinic | West Wing | 4 |
| Social Services | Homefield | G |
| Speech and Language | North Wing | G |
| Surgical Pre-assessment | East Wing | 2 |
| The Sanctuary - Multifaith space | North Wing | G |
| Trust HQ - Washington Suite | North Wing | 2 |
| Urgent Treatment Centre (UTC) | East Wing | G |
| Urology (UIU) | East Wing | 2 |
| Washington Suite | North Wing | G |
| Worthing Health Education Centre (WHEC) | Park Avenue (via North Wing) | G |
| X-Ray / Scans (Radiology) | East Wing | G |

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## Useful resources

### Macmillan Cancer Support

0808 808 0000

www.macmillan.org.uk

### Roy Castle Lung Cancer Foundation

0333 323 7200

www.roycastle.org

### British Lung Foundation

08458 505020

www.lunguk.org

### Smoking cessation

www.westsussexwellbeing.org.uk/local-service

## Consultant team

**Dr Katherine Steele**

**Dr Nick Adams**

**Dr Numbere Numbere**

**Dr Raymond Njafuh**

**Dr Sophie Krivinskas**

# Faster diagnosis service


## Anna Makola

**Lung faster diagnostic nurse,** St Richard's Hospital

Please leave a message and I will return your call

**01243 831 754**

## Sharla Elder

**Lung faster diagnostic nurse,** Worthing Hospital

Please leave a message and I will return your call

**01903 205111 Ext. 84339**

## Ashleigh Russell

**Patient pathway coordinator,** St Richard's Hospital

**07920 560769**

## Lindsey Crimmen

**Patient pathway coordinator,** Worthing Hospital

**07909 004522**

## Respiratory department

Call the main hospital number and ask for respiratory secretaries

**01903 205111**


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This leaflet is intended for patients receiving care in St Richard's Hospital and Worthing Hospital.


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