

Royal Sussex County Hospital
University Hospitals Sussex
Eastern Road
Brighton
BN2 5 BE

If you need this letter in easy read, large print or other languages, please visit
<https://www.sussex.ics.nhs.uk/your-care/local-nhs-services/covid-19-treatments-patients-at-highest-risk/>

Dear Sir/Madame

Important information about treatments for Covid

You may have previously received a letter, email or your hospital specialist or GP that explained that you might be eligible for treatments if you get Covid and how to get assessed on the phone by a healthcare professional.

If you get Covid:

- You will no longer be automatically contacted by the NHS about treatments.
- **This is the preferred and fastest route of access to treatment:** You should instead make an **online self-referral** to the Alliance for Better Care Covid Anti-Viral Medication website at: [Covid19 Treatment self-referral form | Alliance for Better Care](#) or <https://allianceforbettercare.org/nmabs-referral/> . Please ensure that you have the latest FULL LIST (including hospital medicines) of your prescribed medications at hand.
- If you are unable to access the online self-referral you can still contact your GP practice, NHS 111 so that they can consider referring you for an assessment for treatment using the above route.

Why are we sending you this letter?

Your medical records currently show that you may have a health condition which means that treatments might be suitable for you if you get Covid.

These treatments can reduce the chance of you getting seriously ill from Covid and need to be given quickly after you start to have symptoms.

1. You should keep lateral flow tests at home

You can get free COVID-19 rapid lateral flow tests from a pharmacy if you're aged 12 years and over, and at highest risk of being seriously ill with COVID-19.

You can find a pharmacy that offers this service at: [Find a pharmacy that offers free COVID-19 rapid lateral flow tests - NHS](#) or <https://www.nhs.uk/nhs-services/pharmacies/find-a-pharmacy-that-offers-free-covid-19-rapid-lateral-flow-tests/>

You'll need to tell the pharmacy your:

- name
- address
- date of birth
- medical condition

You should show this letter at the pharmacy to help confirm your eligibility. Anyone collecting COVID-19 tests on your behalf will also need to give their name and address.

2. You should take a test if you have Covid symptoms

If you have Covid symptoms you should take a test immediately, even if your symptoms are mild. If your test is negative but you continue to have symptoms, you should take another test on each of the next two days (three tests in total over three days).

3. Contact the NHS immediately if you test positive

If you test positive, you should **immediately make an online self-referral, contact your GP practice or NHS 111** so that they can consider referring you for an assessment for treatment.

More information is available at: www.nhs.uk/CoronavirusTreatments

More information on how the NHS has used your information:
www.digital.nhs.uk/coronavirus/treatments/transparency-notice