

Wearing compression stockings after your procedure

Information for radiofrequency
ablation patients - Mr M Elahwal

Why do I have to wear stockings after my procedure?

Compression stockings after this surgery are used to keep the treated vein, or veins, compressed until they are healed. This is a part of the radiofrequency ablation treatment and is vital for a good outcome.

How long do I have to wear the stockings?

1. For the first 48 hours after your operation:

Please keep your stockings on for 48 hours after your operation. You can take them off after this and have a shower. Soak the dressings on your legs until the dressings can be taken off. Then put on clean stockings.

2. For one week after your operation:

Please wear your stockings all day and all night. You can take them off to wash.

3. For another week after this:

Please wear your stockings in the day time only, from when you get out of bed in the morning to when you go to bed at night.

4. After week two:

Stockings are no longer needed.

The stockings must be kept wrinkle-free at all times. This is to prevent damage to your skin.

How should I care for my stockings?

Stockings should be hand washed to avoid damage to the elastic.
Do not tumble dry.

Who can I contact for further help or advice?

If you have any questions or queries please contact:

Vascular Assessment Nurse Specialist Team

Jason Clark 07920 286368

Abbey Gibbons 07770 498392

Sue Ward 07770 826278

Today's research is tomorrow's treatments.
That's why UHSx is proud to be a research-active Trust.

Find out how you can get involved. Visit our website
[www.uhsussex.nhs.uk/research-and-innovation/
information-for-patients-and-public](http://www.uhsussex.nhs.uk/research-and-innovation/information-for-patients-and-public)
or scan the QR code



**This leaflet is intended for patients receiving care
in Brighton & Hove or Haywards Heath**

Ref. number: 2636
Publication date: 10/2025
Review date: 10/2028

© University Hospitals Sussex NHS Foundation Trust Disclaimer:
The information in this leaflet is for guidance purposes only and is in no way
intended to replace professional clinical advice by a qualified practitioner.

