KnowledgeShare

NHS information support for evidence-based practice

Alert 135

Selected resources published in November/ December 2025

Making Integration Happen: International Lessons for the NHS

Beyond Ambition: Global Lessons for an Integrated NHS introduces an international response to England's 10 Year Health Plan: Fit for the Future, drawing on insights from health and care leaders, professionals, and citizens across seven countries. Convened by the International Foundation for Integrated Care (IFIC), the document is intended to help NHS leaders look beyond domestic debate and learn from experience elsewhere as they consider how the Plan's vision might be realised in practice.

The contributors largely agree on one point: the Plan is bold. Its ambition—particularly the three strategic shifts from hospital to community, analogue to digital, and sickness to prevention—reflects challenges faced by health systems worldwide. These priorities resonate strongly with international efforts to move towards integrated, people- and community-centred care for population health. The clarity of the case for change, and the emphasis on creating enabling conditions, are widely welcomed.

However, the document's purpose is not to celebrate ambition for its own sake. Drawing on lessons already learned in other systems, contributors highlight where ambition risks faltering without careful execution. A recurring concern is that the Plan articulates a vision rather than a sequenced, actionable programme. International experience suggests that successful reform depends on clear prioritisation, realistic phasing, and sustained attention to the fundamentals that make system change possible.

The perspectives also challenge the Plan's narrow focus on healthcare delivery. Elsewhere, attempts to improve population health have shown that ignoring social care, public health, and the wider determinants of health undermines long-term impact. Similarly, contributors warn that digital transformation, while essential, can deepen fragmentation or inequalities if deployed without a strong person-centred and inclusion lens.

Concrete lessons are offered. These include using technology as an enabler of coordination rather than efficiency-driven task management; simplifying funding and accountability to reduce fragmentation, as seen in systems such as Canterbury in Aotearoa New Zealand; shifting from performance management to learning systems; and moving leadership cultures from command-and-control towards trust, collaboration, and devolved decision-making.

For NHS managers, this collection is an invitation to reflect. The NHS remains globally admired, but other systems are moving quickly by learning from England's past reforms. Beyond Ambition asks how the NHS can now do the same—turning vision into delivery by applying hard-won international lessons to its next decade of change.

Read **Beyond Ambition: Global Lessons for an Integrated NHS** (International Foundation for Integrated Care; 2025) https://integratedcarefoundation.org/publications/10-year-health-plan-for-england-views-from-near-and-far#pp-toc-m3kiau0d15j7-anchor-2

Patient Experience and Safety

Report

Caring and Working: Developing Insights Into the World of the Working Carer.
Leblanc R G. *Health and Social Care in the Community* 2025;:5541190.
[This paper reports on a study exploring the experiences of working carers in the South of England—part of a larger research project exploring carers' needs, experiences and ideas about improving carer involvement in research. The purpose of this element of the project was to understand the experience of being in paid employment whilst providing unpaid care to someone.]

APPG on Emergency Care: Corridor Care.
Royal College of Emergency Medicine (RCEM); 2025.
https://rcem.ac.uk/press-release/a-national-shame-research-reveals-devastating-reality-of-so-called-corridor-care/
[This report, produced by the All-Party Parliamentary Group on Emergency Care and the Royal College of Emergency Medicine, draws on new survey data, Freedom of Information requests, public polling, and patient testimony. The report reveals what patients are experiencing when they seek urgent or emergency care in ED, the harm they are exposed to, and what needs to be done to address this crisis.]

Barriers and enablers to making a complaint to a health or social care professional regulator: a qualitative study.
Professional Standards Authority for Health and Social Care (PSA); 2025.
https://www.professionalstandards.org.uk/publications/barriers-and-enablers-making-complaint-health-or-social-care-professional-regulator
[The Professional Standards Authority (PSA) commissioned this research from Thinks Insight and Strategy, to better understand the experiences of people who want to complain or who have complained and the potential barriers or enablers they may face.]

Closing referral black holes: How to improve experiences and reduce NHS workload.
Healthwatch; 2025.
https://www.healthwatch.co.uk/sites/healthwatch.co.uk/files/20251204%20Referrals%20report_final%20clean%20version%20%281%29.pdf
[Since our last report, there have been national changes to referrals. These include more visibility of referral journeys through the NHS App, pharmacy referral pilots for suspected cancer and a greater drive to increase referrals into community rather than specialist services. In this follow-up report, we set out to understand if experiences of referrals have improved.]

Patient safety issues associated with electronic patient record (EPR) systems – a thematic review.
Health Services Safety Investigations Body (HSSIB); 2025.
https://www.hssib.org.uk/patient-safety-investigations/electronic-patient-record-epr-systems-thematic-review/investigation-report/
[This report is a thematic review of investigation reports by HSSIB and its predecessor organisation – the Healthcare Safety Investigation Branch (HSIB) – that included consideration of electronic patient record (EPR) systems.]

Making the NHS Friends and Family Test 'fit for the future'.
Picker Institute; 2025.
https://picker.org/reforming-the-nhs-friends-and-family-test-fft-report/
[The NHS Friends and Family Test (FFT), introduced nationally in 2013, was designed to provide a simple mechanism for gathering patient feedback across health services in near real-time. This report, developed in collaboration with stakeholders, explores the historical context of the FFT, its current structure, strengths, and weaknesses, and sets out a case for reform.]

Patient Safety and Artificial Intelligence: Opportunities and Challenges for Care Delivery
Institute for Healthcare Improvement (IHI); 2025.
https://www.ihi.org/partner/initiatives/ihi-lucian-leape-institute/patient-safety-ai
[This IHI Lucian Leape Institute report describes three use cases for generative artificial intelligence (genAI) applications in clinical care, including a detailed review of benefits and potential risks for patient safety; recommendations and mitigation strategies; an appraisal of the impact of genAI on the patient safety field; and considerations for key groups. (US focus)]

Stepping towards improvement (NAIF/FFFAP).
National Audit of Inpatient Falls (NAIF) ; 2025.
https://www.hqip.org.uk/resource/588_naif-fffap/

[The National Audit of Inpatient Falls (NAIF), part of the Falls and Fragility Fractures Audit Programme (FFFAP), has published Stepping towards improvement, an analysis of 2024 inpatient falls audit data. It found that 1,894 people sustained a femoral fracture as an inpatient, where the proportion not thought to be due to a fall was 14%. This is lower than previous years (18% in 2022 and 2023).]

Into the web: The connections between pharmaceutical companies, politicians and patient groups.
Patient Experience Library; 2025.
https://pexlib.net/?249750=
[This report addresses transparency in drug company dealings with the UK parliament. It looks at All Party Parliamentary Groups (APPGs) - informal cross-party groups that can be joined by any MP or member of the House of Lords. The groups are often serviced by secretariats run by industry bodies, PR consultancies and health charities. The Patient Experience Library has launched an APPG tracker which brings the connections between drug companies and APPGs into the light.]

Evidence-Based Summary

Improving health literacy in the NHS.
NHS Providers; 2025.
https://nhsproviders.org/resources/improving-health-literacy-in-the-nhs
[This guide explores what is meant by health literacy, the benefits of applying health literacy interventions, recommendations for trust board members, and case studies from five trusts that have effectively embedded interventions.]

Finding Quality Health Information

Attend this session if you need to search literature for your research project, or if you are required to do any form of review, including systematic reviews.

Tuesday 3 February 2026 1.00pm - 2.30pm

Monday 9 February 2026 11.00am - 12.30pm

Wednesday 18 February 2026 2.00pm - 3.30pm

Thursday 19 February 2026 3.00pm - 4.30pm

Wednesday 25 February 2026 10.30am - 12.00pm

Monday 2 March 2026 9.00am - 10.30am

Friday 6 March 2026 10.00am - 11.30am

Wednesday 11 March 2026 2.00pm - 3.30pm

Monday 16 March 2026 1.00pm - 2.30pm

Monday 23 March 2026 1.00pm - 2.30pm

Tuesday 24 March 2026 10.00am - 11.30am

Tuesday 31 March 2026 10.00am - 11.30am

If you require an alternative date or an in-person session, please note this on the booking form and we will try to accommodate your request.

To book, visit: https://www.uhsussex.nhs.uk/professionals/knowledge-and-libraries/information-skills-teaching/finding-quality-health-information/

Managing and Leading People

Guideline/ Policy

[Research matters: enabling and sustaining a research-positive culture for nurses, midwives and allied health professionals.](#)
NHS England; 2025.
https://www.england.nhs.uk/publication/research-matters-enabling-and-sustaining-a-research-positive-culture-for-nurses-midwives-and-allied-health-professionals/
[This guide suggests actions executive chief nurses can take to help their organisation become a research-positive healthcare organisation with research sustainably embedded in everyday practice and professional decision-making.]

Systematic Review / Meta-Analysis/ Scoping Review

[Developing effective transition programmes for first-line nurse managers: A scoping review of evidence, barriers, and best practices.](#)
Esquisábel-Soteras B. *Nurse Education in Practice* 2025;88:104537.
[The aim of this study was to identify the competencies required for effective leadership, examine strategies to foster these capabilities and evaluate the barriers, facilitators and outcomes associated with such programmes.]

Report

[Evidence of mindsets that enable or block the implementation of decent, agile working in the NHS: a research report with recommendations.](#)
University of Sussex; 2025.
https://www.nhsemployers.org/publications/implementing-decent-agile-working-nhs
[This report challenges misconceptions about who benefits from flexible working to illustrate how more agile mindsets and approaches can mutually serve organisational and individual needs. The recommendations in the report aim to help workforce leaders harness the benefits of decent, agile working across the NHS. The report's findings will enable and inform the development of actionable resources for stakeholders.]

[10 Year Workforce Plan: RCPCH submission to the Department of Health and Social Care call for evidence.](#)
Royal College of Paediatrics and Child Health (RCPCH); 2025.
https://www.rcpch.ac.uk/resources/10-year-workforce-plan-evidence-submission
[This report outlines the gaps in the child health workforce. It argues that the lack of focus on children in health policy has led to the UK experiencing some of the worst health outcomes for children and young people in Europe. It makes a series of recommendations for the 10 Year Workforce Plan with a focus on growing the workforce, retaining and supporting staff, investing in community roles, and modernising workforce planning.]

[Consultant doctors: solutions for a medical recruitment crisis.](#)
BMJ Careers; 2025.
https://www.bmj.com/careers/article/consultant-doctors-solutions-for-a-medical-recruitment-crisis
[This report argues that the NHS is facing an escalating consultant recruitment crisis that threatens NHS capacity and patient outcomes. It finds that one in three consultant jobs are unfilled in some parts of the NHS, leading to a £674m spend on locums and negative impact on staff morale and patient care.]

[The trap door: understanding career regression in nursing.](#)
Queen's Institute of Community Nursing; 2025.
https://qicn.org.uk/wp-content/uploads/2025/11/The-Trap-Door-report-2025.pdf
[This report explores the issue of 'downbanding' within the NHS Agenda for Change pay structure. It introduces the concept of the 'trap door', where skilled professionals are not only prevented from progressing but are actively pulled back into lower pay bands. Drawing on 579 survey responses, the study found that over 80% of respondents had experienced career regression, with most having more than 20 years on the Nursing and Midwifery Council register.]

[Disability and neurodivergence in the medical profession: 2025 survey findings.](#)
British Medical Association (BMA); 2025.
https://www.bma.org.uk/disability
[Based upon a study of 801 disabled and neurodivergent doctors and students from across the UK, this report exposes the extent to which many staff struggle to have their health needs recognised or are outright ignored. Among the report's findings were that, while 67 per cent of respondents said they had notified their employer or medical school about their disability or neurodivergent status, just 33 per cent said that this had led to improved

support.]

[Keep Britain Working Review: Final report.](https://www.gov.uk/government/publications/keep-britain-working-review-final-report)
Department for Work and Pensions (DWP); 2025.
https://www.gov.uk/government/publications/keep-britain-working-review-final-report
[Keep Britain Working is an independent review of the role of employers in tackling health based economic inactivity and promoting healthy and inclusive workplaces.]

[Left Behind: a review of evidence on the career progression of NHS nurses.](https://www.rcn.org.uk/Professional-Development/publications/rcn-left-behind-nurse-career-progression-uk-pub-012-359)
Royal College of Nursing (RCN); 2025.
https://www.rcn.org.uk/Professional-Development/publications/rcn-left-behind-nurse-career-progression-uk-pub-012-359
[There are many important dimensions to career progression, including specialisation, leadership and management, education responsibilities, and policy and advocacy roles. This report on the career progression of nurses specifically focuses on progression within the Agenda for Change banding structures within the NHS, across the UK.]

[Paediatric and perinatal pathology workforce report.](https://www.rcpath.org/discover-pathology/news/college-report-highlights-the-crisis-facing-paediatric-and-perinatal-pathology.html)
Royal College of Pathologists; 2025.
https://www.rcpath.org/discover-pathology/news/college-report-highlights-the-crisis-facing-paediatric-and-perinatal-pathology.html
[This report highlights the crisis across UK paediatric and perinatal pathology services. Severe workforce shortages prevent consultants from meeting demand, causing unacceptable delays for families awaiting test results and increased waiting times or transfer out of region for post-mortem examinations of babies and children. Urgent, long-overdue workforce strategies are needed to resolve this worsening situation.]

[Schemes for supporting the research workforce.](https://nhsproviders.org/resources/schemes-for-supporting-the-research-workforce)
NHS Providers; 2025.
https://nhsproviders.org/resources/schemes-for-supporting-the-research-workforce
[In this briefing, we showcase practical, replicable examples from NHS trusts that have successfully integrated research into their workforce strategies.]

[District nursing: Understanding the decline and mapping the future.](https://www.nuffieldtrust.org.uk/research/district-nursing-understanding-the-decline-and-mapping-the-future)
Nuffield Trust; 2025.
https://www.nuffieldtrust.org.uk/research/district-nursing-understanding-the-decline-and-mapping-the-future
[District nurses are fundamental to the government's plans to shift more care from hospital to the community. But this new research report shows those plans are unlikely to be achievable unless action is taken to address the state of the district nursing profession. As demand for their care rises, and is set to rise further, an estimated one in four district nurses are leaving the profession and there has been a 43% decline in overall numbers since 2009.]

Professional Development

Domestic abuse experienced by colleagues: how to help. [Abstract]
Gregory A. *British Journal of Nursing* 2025;34(21):1090-1092.
Check for full-text availability
[In the article the authors wrote earlier this year (Gregory et al, 2025), they presented the emerging evidence around the high rates of domestic abuse experienced by people working in healthcare roles. They described some of the barriers to help-seeking that nurses face, and some of the ways in which workplaces can respond – for example, by having domestic abuse policies for employees. But beyond this, and on a more personal level, what can each of us do when we are concerned for a colleague?]

Education and Professional Practice

Guideline / Policy

[Guidelines and recommendations for radiographer education from the EU-REST project.](#)
EU-REST Consortium & the European Federation of Radiographer Societies & the European Society of Radiology. *Insights into Imaging* 2025;16:242.
[This article presents findings from the EU-REST (European Union Radiation, Education, Staffing and Training) project. The findings highlight the need for standardised, competency-based curricula that align with evolving technologies, safety regulations, and professional responsibilities, together with the importance of integrating radiation safety, quality management, and patient-centred care into curricula.]

[SAS development guidance.](https://www.nhsemployers.org/publications/sas-development-guidance)
NHS Employers; 2025.
https://www.nhsemployers.org/publications/sas-development-guidance
[Use this guide to ensure SAS doctors receive the support they need to develop in their careers and to continue to deliver high-quality patient care.]

[Upscaling and developing the T Level industry placement offer.](https://www.nhsemployers.org/publications/upscaling-and-developing-t-level-industry-placement-offer)
NHS Employers; 2025.
https://www.nhsemployers.org/publications/upscaling-and-developing-t-level-industry-placement-offer
[This guide provides insight and ideas on how to expand and develop your T Level industry placement offer in health and care.]

Systematic Review / Meta-Analysis/ Scoping Review

Enhancing enrollment in nursing education programs: A systematic review of recruitment strategies.
Natan M. *Nurse Education in Practice* 2025;88:104573.
[Many countries face nursing shortages. Recruitment strategies, such as financial incentives, early exposure programs and mentorship, aim to address these shortages. However, their effectiveness varies across contexts, necessitating a systematic review of evidence. The aim of this study was to evaluate recruitment strategies that enhance enrollment in nursing education programs, with a focus on global perspectives.]

Artificial intelligence in nursing practice and education: A 10-year bibliometric analysis of trends, gaps and emerging frontiers.
Badawy W. *Nurse Education in Practice* 2025;88:104554.
[Although AI adoption in medicine is widely studied, its integration into nursing practice, education and professional identity remains limited. Bibliometric mapping helps clarify research trajectories and priorities. The aim of this study was to conduct a bibliometric analysis of global research on Artificial Intelligence (AI) in nursing (2014–2024), identifying publication trends, influential contributors and emerging themes.]

Mapping genetic and genomic competency in undergraduate nursing education: A scoping review
Alshammari F. *Nurse Education Today* 2025;154:106900.
[The aim of this scoping review was to map the current state of genetic and genomic competency integration in undergraduate nursing education globally. The review focused on curriculum content, teaching strategies, assessment tools, and faculty readiness, and identified barriers and facilitators to implementation.]

Pre-registration student nurse placement hours, competency, and outcomes: A systematic review.
Kenny A. *Nurse Education Today* 2025;154:106851.
[The aims of this systematic review were to appraise the quality of studies to date, and synthesise the impact of different placement hours on student nurse competency and outcomes for people who use health services.]

Report

The state of medical education and practice in the UK: workforce report 2025.
General Medical Council (GMC); 2025.
https://www.gmc-uk.org/about/what-we-do-and-why/data-and-research/the-state-of-medical-education-and-practice-in-the-uk/workforce-report
[This report presents findings from the GMC's analysis of trends in the number, demographics, and place of primary medical qualification of doctors holding a licence to practise in the UK. It explores key issues across the UK workforce, including the potential impact of changing patterns in the number of doctors joining and leaving the register; and in applications and offers for postgraduate training posts. It highlights shifting dynamics within the profession.]

A research roadmap for AI opportunities in student assessment for medical education. [Abstract]
Rezaei-Zadeh M. *BMC Medical Education* 2025;25(1):1653.
Check for full-text availability
[The integration of Artificial Intelligence (AI) in medical education is rapidly transforming assessment practices, offering unprecedented opportunities to enhance student evaluation, feedback, and learning pathways. This study provides a critical review of the literature on AI's role in medical education assessment, categorising 22 identified opportunities into seven major "mega-opportunities" that address various aspects of student assessment.]

The Medical Training Review: Phase 1 diagnostic report.
NHS England; 2025.
https://www.england.nhs.uk/publication/the-medical-training-review-phase-1-diagnostic-report/
[This diagnostic report sets out the current state of medical training and identifies 11 recommendations, including

four key priorities: making training more flexible, building on excellence beyond formal routes, addressing damaging bottlenecks, and rebuilding inclusive team structures where doctors feel valued.]

Professional Development

Encouraging the use of the best available evidence in journal clubs for practising clinicians. [Abstract]
Neumann I. *BMJ Evidence-Based Medicine* 2025;30(6):401-405.
Check for full-text availability

[Journal clubs have long been considered a fundamental element of teaching evidence-based practice. However, journal clubs may not always incorporate evidence that may be important to the discussion, e.g. patient values regarding different outcomes or the feasibility and acceptability of the intervention in specific circumstances. In this paper, the authors argue that this approach to conducting journal clubs is problematic and may even be detrimental to achieving optimal evidence-based practice.]

Nurturing success by developing a mentor-mentee relationship. [Abstract]
Da Silva THR. *British Journal of Nursing* 2025;34(19):996-997.
Check for full-text availability

[Mentorship plays a pivotal role in guiding individuals towards success in various domains, be it academia, research or professional development. The mentor–mentee relationship is a dynamic partnership that fosters learning, growth, and support. This article aims to highlight the key principles essential for nurturing a successful mentor–mentee relationship.]

Introduction to Systematic Reviews

Understand what makes a systematic review and what the search process involves. Learn how to use PRISMA and where to publish protocols.

Wednesday 4 February 2026 10.00am - 11.15am

Wednesday 11 February 2026 11.00am - 12.15pm

Wednesday 11 March 2026 10.00am - 11.15am

Thursday 19 March 2026 10.00am - 11.15am

If you require an alternative date or an in-person session, please note this on the booking form and we will try to accommodate your request. To book, visit: https://www.uhsussex.nhs.uk/professionals/knowledge-and-libraries/information-skills-teaching/introduction-to-systematic-reviews/

Finance and Procurement

Guideline / Policy

Medium-term planning framework: Revenue finance and contracting guidance for 2026/27 to 2028/29.
NHS England; 2025.
https://www.england.nhs.uk/publication/medium-term-planning-framework-revenue-finance-and-contracting-guidance-for-2026-27-to-2028-29/

[This guidance is to support integrated care boards (ICBs) and NHS trusts and foundation trusts ('NHS trusts') to develop multi-year revenue finance plans, as well as the agreement of contract arrangements for 2026/27. It should be read alongside the medium-term planning framework, 2026/27 to 2029/30 capital guidance and ICB allocations for 2026/27 to 2028/29, as well as the draft 2026/27 NHS Payment Scheme (NHSPS) and draft 2026/27 NHS Standard Contract which are both subject to consultation.]

Tackling modern slavery in NHS procurement (post consultation updated draft guidance).
NHS England; 2025.
https://www.england.nhs.uk/publication/tackling-modern-slavery-in-nhs-procurement/

[This is updated draft guidance following the public consultation and published ahead of the regulations coming into force in 2026. This guidance document for procurement professionals sets out how the regulations should be followed by the public bodies to which they apply, provides detailed examples of the scope of the regulations and proposes reasonable steps that public bodies should take based on the assessed level of modern slavery risk.]

Report

Understanding preventative investment: a practical approach to map and measure spend.
Chartered Institute of Public Finance and Accountancy (CIPFA); 2025.
https://www.cipfa.org/services/integrating-care/investing-in-prevention
[This report and how-to guide explains how public sector organisations can define, map and measure preventative investment across their services. Designed to be used alongside the plug-and-play tool, it shows how making prevention visible in financial terms supports evidence-based decision-making and the shift toward prevention.]

Ending extraction in the UK care system.
Centre for Local Economic Strategies; 2025.
https://cles.org.uk/publications/ending-extraction-in-the-uk-care-system/
[This analysis shows that in just three UK regions, private care providers extracted more than £250 million in profit over three years. Over a third of these companies are owned by private equity firms, organisations registered in tax havens, or entities that fall into both those brackets. This report outlines how the care system facilitates the extraction of value and wealth from localities and local public service budgets, and explores what can be done about it.]

Managing Data, Knowledge and Information

Guideline / Policy

Intellectual property (IP) guidance for the NHS in England.
Department of Health and Social Care (DHSC); 2025.
https://www.gov.uk/government/publications/intellectual-property-ip-guidance-for-the-nhs-in-england
[This guidance provides practical steps, good practice principles, case studies and model agreements and templates to support effective IP management in the NHS.]

Position statement on artificial intelligence (AI) use in evidence synthesis across Cochrane, the Campbell Collaboration, JBI and the Collaboration for Environmental Evidence 2025.
Flemyng E. *Cochrane Database of Systematic Reviews* 2025;:ED000178.
[Incorporating AI in evidence synthesis comes with challenges as well as opportunities. Whilst it is clear we need to make better use of AI for evidence synthesis to become more timely, affordable and sustainable, we must also acknowledge the environmental and social costs associated with some forms of AI, particularly large-scale language models.]

Systematic Review/ Meta-analysis/ Scoping Review

Responsible use of AI in evidence SynthEsis (RAISE): Recommendations and guidance.
Center for Open Science; 2025.
https://osf.io/fwaud/overview
[Outputs from a project to develop guidance and recommendations for the responsible use of AI in evidence synthesis.]

Critical Appraisal Tools for Evaluating Artificial Intelligence in Clinical Studies: Scoping Review. [Abstract]
Cabello JB. *Journal of Medical Internet Research* 2025;27:e77110.
Check for full-text availability
[The results picture a landscape of evidence tools where reporting tools predominate, followed by critical appraisal, and a few tools for risk of bias. The mismatch of bias in AI and epidemiology should be considered for critical appraisal, especially regarding fairness and bias mitigation in AI. Finally, chatbot assessment studies represent a vast and evolving field in which progress in design, reporting, and critical appraisal is necessary and urgent.]

Report

Designing the future health and care digital architecture.
Public Policy Projects; 2025.
https://publicpolicyprojects.com/wp-content/uploads/2025/10/DDTRT3_Modern_Digital_Architecture.pdf
[This report makes a series of recommendations to help modernise digital architecture, including the adoption of patient-centred reference architecture and a mandated core data model to eliminate the need for 'one-off' integrations.]

IFIC annual survey 2025: connecting care information: Are shared electronic records the key to overcoming fragmentation?

International Foundation for Integrated Care; 2025.
https://integratedcarefoundation.org/annual-surveys/ific-annual-survey-2025-connecting-care-information
[This survey aims to understand how people are experiencing the use of shared electronic care records in different countries and how they are contributing to an experience of greater care coordination and continuity. The report also looks at how shared electronic care records changes the way care teams are able to work together.]

Beyond the hospital: How boards can lead the digital shift to neighbourhood working.
NHS Providers; 2025.
https://nhsproviders.org/resources/beyond-the-hospital-how-boards-can-lead-the-digital-shift-to-neighbourhood-working
[This report examines the role that digital transformation will play in the creation of a Neighbourhood Health Service and what NHS boards need to know in order to realise these ambitions. It is written by our Digital Boards programme partners, Public Digital and is funded by NHS England as part of the Digital Academy.]

Public sector cyber security in the age of AI.
UKAuthority; 2025.
https://www.ukauthority.com/media/4nzpjzth/ukainform-public-sector-cyber-security-in-the-age-of-ai.pdf
[The rapid emergence of artificial intelligence (AI) is reshaping the cyber security landscape for the UK public sector. It brings clear opportunities for more effective defences and operational efficiencies, but also creates new risks that are not yet fully understood.]

Is public sector data and infrastructure ready for AI?.
UKAuthority; 2025.
https://www.ukauthority.com/media/wdmdhlsk/ukainform-is-public-sector-data-ready-for-ai-oct25.pdf
[Research by UKAuthorITy, in partnership with Rackspace Technology, has revealed a series of concerns among digital leaders in the public sector. Most say that their organisations are not yet ready to make the most of AI – and there is a belief that these concerns must be resolved if all the possible benefits from the technology are to be harnessed.]

From promise to practice: challenges and pitfalls in the evaluation of large language models for data extraction in evidence synthesis. [Abstract]
Gartlehner G. *BMJ Evidence-Based Medicine* 2025;30(6):385-389.
Check for full-text availability
[The introduction of generative large language models (LLMs) has led to the exploration of their use in evidence synthesis tasks. In this commentary, the authors discuss the challenges and pitfalls researchers face when assessing the performance of an LLM for data extraction in validation studies. Their insights stem from an initial proof of concept study, and ongoing workflow validation study focused on employing an LLM for semi-automated data extraction.]

Opportunities, challenges and risks of using artificial intelligence for evidence synthesis. [Abstract]
Siemens W. *BMJ Evidence-Based Medicine* 2025;30(6):381-384.
Check for full-text availability
[Artificial intelligence (AI) is developing rapidly. In particular, in the area of machine learning (ML), significant progress has been made, and large language models (LLMs) have become widely available. This article discusses the opportunities, challenges and risks associated with using AI, and LLMs in particular, for this purpose, drawing on insights from the third Methods Forum of Cochrane Germany, held in Freiburg, Germany, on 14 June 2024.]

Toolkit

AI in healthcare: an introduction for clinicians. [Abstract]
Maiter A. *BMJ Evidence-Based Medicine* 2025;30(6):376-380.
Check for full-text availability
[The authors aim to provide an educational foundation for clinicians to help them better understand the AI tools they encounter in clinical practice or research publications.]

Service Design and Commissioning

Guideline / Policy

Strategic commissioning framework.
NHS England; 2025.
https://www.england.nhs.uk/publication/nhs-strategic-commissioning-framework/
[The framework sets out what NHS England expects from integrated care boards (ICBs) in the strategic

commissioner role, and what ICBs and providers can expect from NHS England, as part of a step-by-step guide with an up-to-date commissioning cycle. The framework will be followed by a complementary co-produced strategic commissioning development programme to identify and build the skills and capabilities needed within ICBs for successful strategic commissioning.]

Medium Term Planning Framework – delivering change together 2026/27 to 2028/29.
NHS England; 2025.
https://www.england.nhs.uk/publication/medium-term-planning-framework-delivering-change-together-2026-27-to-2028-29/
[The Medium Term Planning Framework is the most ambitious plan the NHS has published in a generation. Over the next 3 years it will return the NHS to much better health – with waiting times dramatically reduced, access to local care restored to the level patients and communities expect, and unnecessary bureaucracy slashed so that savings are poured back into frontline services and staff.]

Systematic Review / Meta-Analysis/ Scoping Review

Outpatient Follow-Up and 30-Day Readmissions: A Systematic Review and Meta-Analysis. [Abstract]
Balasubramanian I. *JAMA Network Open* 2025;8(11):e2541272.
Check for full-text availability
[In this systematic review and meta-analysis, outpatient follow-up within 30 days was associated with reduced 30-day readmissions, but the association varied by patient age and disease type, indicating a need for targeted rather than universal follow-up.]

Use of ambulatory pathways in emergency general surgery: a systematic review. [Abstract]
Fox B. *BMJ Open* 2025;15(9):e099203.
Check for full-text availability
[Ambulatory care is defined as the provision of medical treatment by healthcare professionals outside an inpatient hospital setting. While well-established in acute medicine, uptake of ambulatory pathways in emergency general surgery (EGS) is variable and optimal design and delivery is unclear in this context. This systematic review sought to (1) appraise current EGS ambulatory pathway literature and (2) ascertain the constituent components across the identified pathways.]

Report

Brighton & Hove City Council: local authority assessment.
Care Quality Commission (CQC); 2025.
https://www.cqc.org.uk/care-services/local-authority-assessment-reports/brightonhove-1225
[The CQC report includes a short summary of the key features of the local authority and includes a description of areas that need to improve and areas of strength and good practice.]

Commissioning a 'neighbourhood health service': what can we learn from the literature? [Abstract]
Checkland K. *British Journal of General Practice* 2025;75(760):526-530.
Check for full-text availability
[The recently published NHS 10 Year Health Plan envisages an NHS built around 'neighbourhood health services', with a significant rebalancing of investment and spending away from hospitals to services delivered in local communities. The plan is clear that each area will be free to develop its own service model, but a number of elements are highlighted as being important.]

A framework to guide early planning ("the front end") of large-scale change programmes in health and healthcare.
THIS Institute; 2025.
https://www.thisinstitute.cam.ac.uk/research/outputs/a-framework-to-guide-early-planning-the-front-end-of-large-scale-change-programmes-in-health-and-healthcare/
[Developed through a collaboration between THIS Institute, Ipsos, and the Health Foundation, the framework can be used flexibly and dynamically. It offers guiding questions to support early thinking about programme design and planning and makes evidence-based suggestions about what good looks like. Aimed at programme teams that include senior leadership.]

Beyond ambition: global lessons for an integrated NHS.
International Foundation for Integrated Care; 2025.
https://integratedcarefoundation.org/publications/10-year-health-plan-for-england-views-from-near-and-far
[Following the launch of the 10 Year Health Plan, this collection of essays offers international perspectives on what it will take to make the Plan's goals - moving from hospital to community, analogue to digital, and sickness to prevention - a reality.]

Co-creating healthy futures: schools and health — a framework.
Windsor Academy Trust; 2025.
https://www.windsoracademytrust.org.uk/civic-3/co-creating-healthy-futures-school-and-nhs-trust-collaboration
[This framework, developed by Windsor Academy Trust in partnership with other contributors across the education and health sectors, is designed to change how schools and health partners work together. The framework considers four fundamental areas for partnership working and offers advice and guidance on: opening gateways to collaboration; prevention of health issues in children and young people; bringing neighbourhood health services onto school sites; and building the future NHS workforce.]

Combined epidemiological and economic modelling: how can government better prepare for future pandemics?
Institute for Government; 2025.
https://www.instituteforgovernment.org.uk/publication/epidemiological-economic-modelling-future-pandemics
[The Covid pandemic showed the need for government to improve its use of modelling. This paper presents the possible benefits and challenges created by greater use of combined epidemiological and economic models in pandemic preparations and response.]

From diagnosis to delivery.
The Health Foundation; 2025.
https://www.health.org.uk/reports-and-analysis/reports/from-diagnosis-to-delivery
[This report explores our current understanding of NHS system productivity and the reasons behind faltering growth. It sets out how our four-driver framework will guide future recommendations.]

Future-fit NHS: the next ten years.
Re:State; 2025.
https://re-state.co.uk/publications/future-fit-nhs-the-next-ten-years/
[Re-State hosted a bespoke event series across Labour, Conservative and Liberal Democrat party conferences, exploring what it means to build a community-centric, future-fit NHS. This write-up brings together the cross-cutting themes which emerged across these events.]

Healthy places, inclusive growth: how national policy can help realise the potential of devolution.
Growth and Reform Network; 2025.
https://growthandreform.org/resource-hub/healthy-places-inclusive-growth
[This policy report focuses on the role of national government in creating the systemic conditions for integrating health and economic development at place level. Alongside the report and evidence review is a place-based toolkit, which is designed to support leaders and practitioners in local government, strategic authorities and public services to deliver health outcomes through local economic development programmes.]

Independent Investigation into Maternity and Neonatal Services in England: reflections and initial impressions.
National Maternity and Neonatal Investigation; 2025.
https://www.matneoinv.org.uk/updates/independent-investigation-into-maternity-and-neonatal-services-in-england-reflections-and-initial-impressions/
[Since 2015, numerous investigations and reviews have produced hundreds of recommendations on maternity and neonatal services in England, yet consistent safe care remains elusive. This investigation aims to develop national recommendations to achieve reliable, compassionate care across all areas.]

Integrated care systems and strategic authorities: coming together to tackle health inequalities and the wider determinants of health.
Centre for Local Economic Strategies; 2025.
https://cles.org.uk/publications/integrated-care-systems-and-strategic-authorities-coming-together-to-tackle-health-inequalities-and-the-wider-determinants-of-health/
[This essay was written by the Centre for Local Economic Strategies and The King's Fund, as part of a programme of work commissioned by The Health Foundation. Strategic authorities and integrated care systems are increasingly powerful entities with the potential to tackle health inequalities and improve population health. This essay explores the changing policy context in which these bodies exist, and the way the dynamics between them could and should evolve as devolution beds in.]

Partners in Care and Health: Continuous improvement programme 2024-25: Annual Report
Local Government Association (LGA); 2025.
https://www.local.gov.uk/publications/partners-care-and-health-continuous-improvement-programme-2024-25-annual-report
[A summary of the work provided by Partners in Care and Health to deliver the DSHC commissioned adult social

care sector improvement programme in 2024-25. This report highlights the reach and impact of our support to the sector, working in collaboration with local authorities to deliver high quality care that enables choice, control and independence for everyone.]

Pulling teeth: filling the gaps in dental provision.
Policy Exchange; 2025.
https://policyexchange.org.uk/publication/pulling-teeth/
[This report calls for a complete overhaul of NHS dentistry in England through the introduction of a dental voucher for adults worth £150 a year which can be used with any dental professional towards dental treatment or towards the cost of a dental insurance policy.]

Shaping change together: co-producing innovation in social care.
Social Care Institute for Excellence (SCIE); 2025.
https://www.scie.org.uk/co-production/shaping-change-together-report/
[This SCIE report shows that co-production (working in equal partnership with people who draw on care and support, carers and frontline staff) is vital to making new ideas work in practice. The report shares findings from SCIE's 2025 Co-producing Innovation in Social Care Survey, which explored how co-production supports innovation, what barriers people face, what makes it work, and whether it is leading to change.]

The future of community pharmacy in England.
All-Party Parliamentary Pharmacy Group; 2025.
https://static1.squarespace.com/static/5d91e828ed9a60047a7bd8f0/t/691dfde2d440c2321f54140f/1763573218316/APPG+on+Pharmacy_Future+of+Community+Pharmacy+Report_November+2025.pdf
[This report outlines seven priority recommendations to unlock pharmacy's potential in delivering accessible, cost-effective care and supporting wider health policy reform, particularly the implementation of the Government's 10 Year Health Plan. It finds that most pharmacies are operating at a loss, facing workforce shortages and medicines supply instability. The report expresses concerns that, without urgent reform, patients will lose access to vital services.]

The homecare deficit 2025: a report on the funding of older people's homecare across the United Kingdom.
United Kingdom Homecare Association (UKHCA); 2025.
https://www.homecareassociation.org.uk/resource/the-homecare-deficit-2025.html
[Public bodies continue to purchase homecare at prices far below the true cost of delivery. This makes legal compliance hard, high-quality care undeliverable, and workforce sustainability unachievable. Based on 282 Freedom of Information responses from public organisations across the United Kingdom, this report provides the most comprehensive evidence yet that the system has reached a tipping point.]

The risk of imprecision: why we must get precision health right.
Beamtree; 2025.
https://beamtree.com.au/papers-publications/precision-health-a-global-call-to-action/
[Precision health uses differences in genes, physiology, environments and lifestyles to shape care and treatment to a specific individual. This report examines the advances in gene sequencing, AI, and multi-omics, and the potential they create for more personalised and effective care. However, access is uneven and costs are high. The report warns that, without coordinated action, these breakthroughs risk widening existing inequities.]

Evidence-Based Summary
What is neighbourhood health?
The King's Fund; 2025.
https://www.kingsfund.org.uk/insight-and-analysis/long-reads/what-is-neighbourhood-health
[This explainer summarises some of the features that often characterise neighbourhood health, and highlights the various ways it is being understood and implemented in different contexts.]

Quality Improvement and Innovation

Guideline / Policy
Guide to managing ethical issues in quality improvement or clinical audit projects.
Healthcare Quality Improvement Partnership (HQIP); 2025.
https://www.hqip.org.uk/resource/guide-to-managing-ethical-issues-in-quality-improvement-or-clinical-audit-projects/
[This guide, which was updated in October 2025, is intended to help those responsible to review and develop arrangements for the effective ethics oversight of quality improvement and clinical audit activities.]

Systematic Review / Meta-Analysis/ Scoping Review

Virtual healthcare compared to hospital care for acute and post-acute illness in adults: A systematic review and meta-analysis of randomized controlled trials.
Malhis RA. *British Journal of Clinical Pharmacology* 2025;:1-22.
[Virtual healthcare models demonstrated non-inferior clinical safety and cost-effectiveness compared to inpatient care for select adult populations. High satisfaction and comparable clinical outcomes were observed. Findings support the continued, regulated integration of virtual care into routine practice. Future research should focus on service standardization, patient/caregiver satisfaction and support and specific economic evaluations.]

Report

Improving departmental Quality Improvement Plans through standardisation, structured peer-to-peer feedback and building improvement capacity and culture. [Abstract]
Hobbs H. *BMJ Open Quality* 2025;14(4):e003531.
Check for full-text availability
[Quality Improvement Plans (QIPs) can improve healthcare quality by raising awareness and providing a focus for improvement efforts. The physician-led quality committee at this institution set out to improve the previously heterogenous quality and content of clinical department QIPs and increase alignment between clinical department and hospital quality improvement (QI) priorities. The authors describe these initiatives and assess their impact on the quality of departmental QIPs.]

Increasing MRI capacity at a clinical diagnostic centre and a trauma hospital using artificial intelligence-based image reconstruction (AI-IR): a quality improvement project using the Model for Improvement framework. [Abstract]
Martin J. *BMJ Open Quality* 2025;14(4):e003470.
Check for full-text availability
[Increasing MRI capacity is of primary importance to both NHS England and individual radiology departments. Consequently, central funding was provided to allow trusts to instal artificial intelligence-enabled image reconstruction (AI-IR) on their MRI scanners, with the stated aim of increasing capacity by two patients scanned per day within a year of installation on a given scanner.]

Assessing Equitable Development and Implementation of Artificial Intelligence-Enabled Patient Engagement Technologies: A Sociotechnical Systems Approach
Institute for Healthcare Improvement (IHI); 2025.
https://www.ihi.org/library/publications/assessing-equitable-development-and-implementation-artificial-intelligence
[This article highlights six specific examples that contribute new best practices to the development and implementation of artificial intelligence-enabled patient engagement technologies. The authors summarise qualitative findings from representatives of 12 international healthcare organisations, including London Imperial NHS Trust, alongside a literature review.]

Assistive technology research and development work: 2024 to 2025.
Department of Health and Social Care (DHSC); 2025.
https://www.gov.uk/government/publications/assistive-technology-research-and-development-work-2024-to-2025
[Sets out government-funded projects supporting the development, implementation and evaluation of assistive technology.]

Lean as a Healthcare Improvement Approach.
Radnor Z. Cambridge University Press; 2025.
https://www.cambridge.org/core/elements/lean-as-a-healthcare-improvement-approach/A656E368A6DEFA5D3A2BBADBF18B30C4
[Lean is one of the most widely used improvement approaches in healthcare. With origins in manufacturing, it focuses on improving efficiency, eliminating waste, and streamlining processes. The authors offer two case studies of attempts to implement Lean at scale, noting that implementation is not straightforward. Challenges include terminology that isn't always easy to grasp, perceived dissonances between the manufacturing origins of Lean and the human-centred world of healthcare, and problems with fidelity. The authors make the case that there is a lack of a robust evidence base for Lean.]

Progress in Implementing the European Union Coordinated Plan on Artificial Intelligence (Volume 1).
Organisation for Economic Co-operation and Development (OECD); 2025.
https://www.oecd.org/en/publications/progress-in-implementing-the-european-union-coordinated-plan-on-artificial-intelligence-volume-1_533c355d-en.html
[This report reviews the implementation of national strategies and policy initiatives by EU Member States to foster the development and uptake of artificial intelligence (AI), in line with the European Union Coordinated Plan on AI.

It maps policy actions related to data, infrastructure, research, firm support, and skills, as well as Member States' initiatives in five high-impact sectors: mobility, health, agriculture, the public sector, and climate and environment.]

Evidence-Based Summary

Smart healthcare: the role of AI, robotics, and NLP in advancing telemedicine and remote patient monitoring.
Sharma P. *BMC Artificial Intelligence* 2025;1:14.
[This review examines the application of AI, robotics, and natural language processing (NLP) across various medical domains including cardiology, diabetes, gynaecology, dermatology, and general remote patient monitoring. Case studies highlight successful implementations and measurable outcomes demonstrating improved efficiency and patient outcomes. However, challenges persist, such as concerns over data privacy, high implementation costs, lack of clinician training, and ethical considerations.]

Toolkit

Explain THIS: Spread, Scale-Up, and Sustainability.
The Healthcare Improvement Studies (THIS) Institute; 2025.
https://www.thisinstitute.cam.ac.uk/explain-this/spread-scale-up-and-sustainability/
[Clear, practical guidance on spread, scale-up, and sustainability in healthcare improvement, with frameworks, planning questions, and resources to support teams implement and maintain improvements.]

Are you listening carefully? How to implement Ambient Voice Technology in health and care.
Health Innovation Kent Surrey Sussex; 2025.
https://healthinnovation-kss.com/new-guide-how-to-implement-ambient-voice-technology-in-health-and-care/
[Drawing on lessons from two Ambient Voice Technology (AVT) pilots supported by Kent and Medway ICB and Kent County Council in 2025, this guide offers clear, actionable steps to avoid common pitfalls and maximise impact. It includes insights from real-world evaluations of AI-powered AVT tools – TORTUS and Magic Notes – across acute outpatient care, community care, primary care and social services. The guide will be updated as the technology evolves.]

Deploying AI technologies as part of your digital transformation: A practical guide for NHS organisations.
NHS Midlands and Lancashire CSU; 2025.
https://www.midlandsandlancashirecsu.nhs.uk/a-practical-guide-to-deploying-ai-in-the-nhs/
[This resource is designed for AI professionals, digital leaders and NHS staff who are ready to take meaningful steps toward deploying AI as part of their digital transformation journey. Key takeaways include: When AI is the right tool - and when it isn't; How to define the real problem before jumping to solutions; The skills, infrastructure and governance required for AI readiness; How to balance innovation with ethical and clinical safety responsibilities.]

Understanding the Evidence	
Bite-sized information skills sessions showing you how to critically appraise quantitative research and interpret medical statistics to inform patient care or service development.	
Identifying Study designs	Thursday 26 February 2026 10.00am - 11.00am
	Tuesday 24 March 2026 10.00am - 11.00am
Recognising bias	Monday 2 February 2026 11.00am - 12.00pm
	Friday 20 March 2026 1.00pm - 2.00pm
Interpreting statistics	Monday 23 February 2026 12.15pm - 1.30pm
If you require an alternative date or an in-person session, please note this on the booking form and we will try to accommodate your request.	

To book, visit: https://www.uhsussex.nhs.uk/professionals/knowledge-and-libraries/information-skills-teaching/understanding-the-evidence/

All NICE guidance is available from the web site: nice.org.uk
NICE support and resources to maximise use: nice.org.uk/about/what-we-do/into-practice

Climate Change and Sustainability

Guideline / Policy

Adverse Weather and Health Plan.
UK Health Security Agency (UKHSA); 2025.
https://www.gov.uk/government/publications/adverse-weather-and-health-plan
[The Adverse Weather and Health Plan aims to protect individuals and communities from the health effects of adverse weather and to build community resilience.]

Planning for the Climate Crisis: A guide for local authorities.
Town and Country Planning Association (TCPA); 2025.
https://www.tcpa.org.uk/collection/planning-for-the-climate-crisis/
[The RTPI and the TCPA have published the fifth edition of their joint guidance on planning for climate change.]

The impact of climate change on health and social care services.
UK Health Security Agency (UKHSA); 2025.
https://www.gov.uk/guidance/the-impact-of-climate-change-on-health-and-social-care-services
[Climate change is increasing pressure on health and social care services, with wide-ranging impacts on mental health, service demand, and inequalities.]

Report

Measuring greenhouse gas emissions in health systems: discussion draft.
World Health Organization (WHO); 2025.
https://www.atachcommunity.com/resources/resource-repository/measuring-greenhouse-gas-emissions-in-health-systems/
[This guidance document defines a common approach for health system emissions measurement that is aligned with international standards and best practice. It also sets out how health systems can develop the necessary internal capabilities to measure their emissions consistently and effectively over time.]

Public Health

Guideline / Policy

Best Start Family Hubs and Healthy Babies: guidance for local authorities.
Department for Education (DfE); 2025.
https://www.gov.uk/government/publications/best-start-family-hubs-and-healthy-babies-guidance-for-local-authorities
[How local authorities in England can prepare to run the Best Start Family Hubs and Healthy Babies programme.]

Health effects of air pollution.
Department for Environment, Food & Rural Affairs (DEFRA); 2025.
https://www.gov.uk/government/publications/health-effects-of-air-pollution
[Find out how the short term health risks of air pollution are measured, and the effects of air pollution on human health. Air pollution is a particular threat to vulnerable groups, including adults and children with lung or heart conditions, and older people. Includes guidance for the different levels of air pollution.]

Changes to the built and natural environment to support mental health.
UK Health Security Agency (UKHSA); 2025.
https://www.gov.uk/guidance/changes-to-the-built-and-natural-environment-to-support-mental-health
[Changes to the built and natural environment like housing upgrades, green infrastructure and nature-based solutions can help mental wellbeing and build resilience. Includes guidance on environmental and structural adaptions]

Climate change and mental health.
UK Health Security Agency (UKHSA); 2025.
https://www.gov.uk/government/collections/climate-change-and-mental-health
[This collection brings together evidence summaries and guidance.]

Systematic Review / Meta-Analysis/ Scoping Review

Electronic cigarettes for smoking cessation. [Abstract]
Lindson N. *Cochrane Database of Systematic Reviews* 2025;11:CD010216.

Check for full-text availability

[Nicotine e-cigarettes can help people to stop smoking for at least six months. Evidence shows they work better than nicotine replacement therapy, and probably better than e-cigarettes without nicotine. They may work better than no support, or behavioural support alone, and may not be associated with serious unwanted effects. More evidence is needed, particularly about the effects of newer types of e-cigarettes.]

Mental Health Outcomes in Transgender and Nonbinary People: An Umbrella Review. [Abstract]
Hainey KJ. *JAMA Psychiatry* 2025;82(11):1142-1151.
Check for full-text availability

[Experiences of marginalization by gender minority people may predispose them to poorer mental health outcomes than their cisgender peers. Understanding mental health conditions in transgender (trans) and nonbinary people is an essential step in addressing potential inequities in outcome for gender minority people. Aim: To synthesize reviews of mental health and neurodevelopmental conditions in trans and nonbinary people to describe epidemiology, key themes, and research gaps.]

Report

Understanding Gambling and Gambling Harms in LGBTQ+ Communities.
The University of Brighton; 2025.
https://www.gambleaware.org/our-research/publication-library/

[These reports and resources present the findings of research conducted within the LGBTQ+ community to understand the gambling behaviour and harms experienced by the community, along with their demand for advice, support and treatment. They look to explore links between gambling behaviour and other factors such as sense of community, discrimination and abuse, mental health, and other potentially harmful behaviours such as smoking, alcohol use or taking drugs.]

Health at a glance 2025 : OECD indicators.
Organisation for Economic Co-operation and Development (OECD); 2025.
https://www.oecd.org/en/publications/health-at-a-glance-2025_8f9e3f98-en.html

[This report provides a comprehensive set of indicators on population health and health system performance across OECD members, key partners and accession candidate countries. These indicators cover health status, non-medical determinants and health risk factors, access to and quality of healthcare, health spending and health system resources. Analysis draws from the latest comparable official national statistics and other sources.]

Affordable infrastructure: how strategic authorities can use housing and public transport to tackle health inequalities.
Centre for Local Economic Strategies; 2025.
https://cles.org.uk/publications/essay-affordable-infrastructure/

[Housing and public transport are critical determinants of health. Strategic Authorities (SAs) are uniquely positioned to influence the affordability of homes and transport – the levers available to them offer promising potential to reduce health inequalities, particularly for those on the lowest incomes. This essay draws on conversations with mayors and SA officers to highlight how innovative housing and transport policies can be scaled and amplified to narrow health inequalities.]

Child Death Review Data Release 2025 (NCMD).
National Child Mortality Database (NCMD); 2025.
https://www.hqip.org.uk/resource/587-ncmd/

[The National Child Mortality Database (NCMD) has published the Child Death Review Data Release for the year ending 31 March 2025. The data in this report summarise information about child deaths in England up to 31 March 2025, and the findings of reviews carried out by a Child Death Overview Panel (CDOP) on or before 31 March 2025. It should be read in conjunction with data tables also available, where there is more detail.]

Children, violence and vulnerability 2025: Mental health and experiences of violence.
Youth Endowment Fund; 2025.
https://youthendowmentfund.org.uk/news/one-in-four-teens-turn-to-ai-chatbots-for-mental-health-support-study-finds/

[This research looks at how mental health and violence are connected and the ways they shape young people's lives. It finds that one in four teenage children have turned to AI chatbots for mental health support, signalling the need for support and the changing ways young people are seeking it.]

Critical safety issues for walking, wheeling and cycling.
Active Travel England; 2025.
https://www.gov.uk/government/publications/critical-safety-issues-for-walking-wheeling-and-cycling

[Illustrated guidance on the 16 critical safety issues identified in Active Travel England's route check tool. A critical

safety issue is defined as a street layout or condition that is associated with an increased risk of collisions for people walking, wheeling or cycling.]

Good practice in relation to access, experience and outcomes for Black men in mental health services.
Care Quality Commission (CQC); 2025.
https://www.cqc.org.uk/about-us/transparency/external-reports-research/black-men-mental-health-services
[This research looks at areas of good practice in relation to access, experience and outcomes for Black men in mental health services.]

Health, wealth and employment in the run-up to state pension age.
Institute for Fiscal Studies (IFS); 2025.
https://ifs.org.uk/publications/health-wealth-and-employment-run-state-pension-age
[This report examines how health in the United Kingdom among people in their late 50s and early 60s has changed over time, and how these trends relate to wealth and employment.]

Playground: Promoting physical activity in schools.
Royal Society for Public Health (RSPH); 2025.
https://www.rsph.org.uk/our-work/publications/playground-rules-boosting-physical-activity-for-children/
[The report sets out how schools can play a role in ensuring children are physically active. As well as reducing obesity, it leads to long-term health improvements for children and boosts academic outcomes. Schools need to take a holistic approach which goes beyond just providing PE. By embedding physical activity across and around the school day, they can help make sure every child has an active childhood.]

Public health advice from UK CMOs during a national power outage.
Department of Health and Social Care (DHSC); 2025.
https://www.gov.uk/government/publications/public-health-advice-from-uk-cmos-during-a-national-power-outage
[Scripts containing public health advice from the UK's 4 Chief Medical Officers (CMOs) to be broadcast during a national power outage.]

Showcasing Impactful Practices for Joined-up Local Systems Addressing Gambling-Related Harms.
The Tavistock Institute; 2025.
https://www.gambleaware.org/our-research/publication-library/
[The GambleAware MLS funding programme aimed to strengthen multi-agency working across nine regional boards in England, Scotland and Wales to build a more integrated support system for gambling-related harms (GRH). The nine case studies in this report are intended to highlight creative and transformative practice within each local area.]

State of the Nation 2025: The evolving story of social mobility in the UK.
Social Mobility Commission; 2025.
https://socialmobility.independent-commission.uk/app/uploads/2025/12/Social-Mobility-Commission-State-of-the-Nation_2025.pdf
[The 2025 State of the Nation report provides the most comprehensive annual analysis of social mobility in the UK. Policymakers, researchers and stakeholders will find this report useful for identifying effective ways to deal with persistent inequalities.]

Statistics

Health trends and variation in England 2025: a Chief Medical Officer report.
Department of Health and Social Care (DHSC); 2025.
https://www.gov.uk/government/publications/health-trends-and-variation-in-england-2025-a-chief-medical-officer-report
[This independent report brings together data to present an overview of the nation's health. The report is divided into Chapter 1: life expectancy and population change; Chapter 2: mortality and morbidity; Chapter 3: maternal and child health; Chapter 4: risk factors and wider determinants; Chapter 5: screening and vaccination. The data shows substantial variation in health across the country and over time. This includes analysis by geography, socioeconomic status, gender, age and ethnicity.]

Statistics on Public Health, England 2025.
NHS Digital; 2025.
https://digital.nhs.uk/data-and-information/publications/statistical/statistics-on-public-health/2025
[This publication signposts to a range of information relating to a range of Public Health Statistics on Alcohol, Drug Misuse, Obesity, Physical Activity, Diet and Smoking.]

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