

Excellence in Pharmacy Sussex Conference 2025

Saturday 17th May 2025

Huxley Building
Moulscroomb Campus
University of Brighton | 09:30-16:30



Be part of a community
dedicated to shaping the
future of pharmacy
through continuous
improvement and
groundbreaking
innovation.



A hub for
professional growth,
networking, and
knowledge sharing,
bringing pharmacy
professionals
together

This conference is presented in collaboration with the Sussex Institute of Medicines Education and Research.

Improving Lives Together

Dear delegates,

We would like to offer you a warm welcome to our inaugural Excellence in Pharmacy Sussex conference here at the University of Brighton! We are very excited to see so many colleagues from different sectors of pharmacy come together to share innovative and excellent practice in clinical care, education and research.

This is an incredibly exciting time for the pharmacy profession as we embark on a new era of precision and digital medicine. Pharmacists and pharmacy technicians are offering new and more specialised services, and we will see our first cohort of newly qualified pharmacists annotated as independent prescribers in 2026. To ensure that pharmacy is always at the cutting edge of providing quality care and support around medicines use, it is imperative that we work together, sharing expertise, ideas, and building on each other's enthusiasm to identify new, and better ways to care for our patients. And we are in a great position to do that in Sussex. Through the Sussex Health and Care Partnership, and the University of Brighton, we have developed The Sussex Institute of Medicines Education and Research (SIMER) as a vehicle to build research capability across the region, and support career development through life-long education. We are officially launching SIMER today! Ultimately, our vision is to improve lives and make a career in pharmacy in Sussex as rewarding and supportive as possible.

The Excellence in Pharmacy Sussex conference is our first opportunity to showcase and share the many amazing innovations in clinical practice across our region. It is also an opportunity to learn from each other, build relationships and generate networks for future collaborations that can make Sussex a beacon of excellence in clinical care, research and education. We hope it will be the first of many!

Enjoy the conference!



Dr Greg Scutt

Clinical Principal Lecturer in Medicines Use,
School of Applied Sciences, University of Brighton



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Interim Chief Pharmacy Officer
NHS Sussex

Time	Item					
09:30-10:00	Registration, refreshments, exhibition, poster displays & networking					
10:00-10:15	Professor Donna Whitehead - Welcome Address					
10:15-11:00	David Webb - Keynote Speaker					
11:00-11:25	Refreshments & move to workshops/simulation suite					
11:25-12:10	Workshops & Simulation Suite					
Workshop One Cardio-vascular Disease (CVD): Delivering care to those with or at risk of CVD	Workshop Two Clinical and Professional Leadership in Pharmacy: Driving Excellence in Sussex	Workshop Three Improving patient care by integrating research into your daily practice	Workshop Four Advancing Pharmacy Technician & Assistant roles in Primary Care	Workshop Five Celebrating the impact of specialist Pharmacy Technicians across sectors in Sussex	Workshop Six Clinical assessment skills through simulation (practical session)	
12:10-13:10	Lunch, exhibition, poster display, stands & networking					
13:10-13:55	Repeat of workshops					
13:55-14:15	Refreshments and move to lecture theatre					
14:15-15:15	Sharing of innovations - 10 min presentation with 5 mins questions					
Case Study One 14:15 – 14:30 Mentoring Programme within a PCN	Case Study Two 14:30 – 14:45 One year in Pharmacy First	Case Study Three 14:45 – 15:00 Sustainability: The Green impact of Medicines Optimisation	Case Study Four 15:00 – 15:15 Point of Care Genetic testing to reduce risk from Aminoglycoside exposure in newborn infants			
15:15-16:00	Awards presentation					
16:00-16:30	Expert panel discussion chaired by Dr Greg Scutt					
16:30	Closing remarks & event closure After the conference delegates are welcome to continue networking at Brighton University Student Union bar - The Venue Mithras Halls Lewes Road BN2 4QX and join the Full Circle Live Music Festival					

Welcome Address

Professor Donna Whitehead, Vice Chancellor of the University of Brighton



Professor Donna Whitehead, Vice Chancellor of the University of Brighton is responsible for leadership and management of the university. She oversees all aspects of the university's operations, guiding its strategic direction and ensuring it thrives within the framework set by our Board of Governors (of which she is an ex-officio member).

Professor Whitehead's academic journey began as a lecturer in Law at the University of Sunderland where she had studied as an undergraduate student. She has taught and researched in a variety of areas of law but has a particular interest in family law. Donna also has the qualifications to practise law in the UK and in New York. She is a firm believer in the power of education to unlock potential and shape futures.

Before joining the University of Brighton as Vice-Chancellor Donna was Deputy Vice-Chancellor at the University of South Wales. She held the same role at London Metropolitan University. Earlier in her career she was Pro-Vice Chancellor and Executive Dean for the Faculty of Business and Law at the University of the West of England.

Throughout her career Donna has worked with academic and professional services teams to deliver significant improvements to teaching quality, student experience and graduate outcomes. Her focus has been on creating equitable university communities that ensure progressive change. She has also has a track record of collaborating with businesses and external organisations to undertake research and knowledge exchange activity. She is a Senior Fellow of the Higher Education Academy and acts as a mentor for senior leaders working in higher education and other sectors.

Keynote Speaker

David Webb, Chief Pharmaceutical Officer for England

David Webb is the Chief Pharmaceutical Officer for England. He is Head of the Pharmacy Professions in England and the principal advisor on pharmacy and medicines use in the NHS, which includes supporting the Department of Health and Social Care.

David started this role in February 2022, having previously been Chief Pharmacist and Clinical Director for Pharmacy and Medicines Optimisation at Guy's and St Thomas' NHS Foundation Trust in London. He registered as a pharmacist in 1986 and has been the regional chief pharmacist for London, director of regional specialist pharmacy services for London, East and Southeast England, and also led the review of specialist pharmacy services for England in 2014.

David has held a number of academic appointments at University College London's School of Pharmacy, including that of visiting professor, and is a Fellow of the Royal Pharmaceutical Society.



Workshop 1 & 7 - Room 401

Cardiovascular Disease: Delivering care to those with or at risk of cardiovascular disease (CVD)

Target audience: members of the pharmacy team with an interest in the treatment and prevention of cardiovascular disease (CVD)

The case studies presented in this session will cover a range of CVD treatment and prevention scenarios encountered in everyday practice and the important role of the pharmacy team.

Your Facilitators



Alison Warren, Consultant Pharmacist, Cardiology, UHSx

Alison is a consultant pharmacist in cardiology working in Sussex in both primary and secondary care. She is passionate about improving the prevention of cardiovascular disease and in improving the care of people living with heart conditions. She has led on system wide quality improvement initiatives and as an independent prescriber manages, and support others in the management of, patients across a range of cardiac conditions. She has published on topics in clinical pharmacy and cardiology. She has a national profile having worked with NICE, NHS Specialist Pharmacist Services, Primary Care Cardiovascular Society, British and Irish Hypertension Society and the United Kingdom Clinical Pharmacy Association. Alison is a lecturer at the University of Brighton and is a Fellow and a Faculty Fellow of the Royal Pharmaceutical Society.



Shay Cacaе-Garner, Clinical Pharmacist Partner, Fitzalan Medical Group and Clinical Director of Angmering, Coppice and Fitzalan Primary Care Network

Shay is working as a dedicated Clinical Director at Angmering Coppice and Fitzalan Primary Care Network, and a partner at Fitzalan Medical Group. With over 17 years of experience in clinical pharmacy, he has established a strong foundation in both clinical and management roles.

Prior to transitioning into primary care, Shay worked as a clinical pharmacist in secondary and tertiary care for 14 years at Brighton and Sussex University Hospitals NHS Trust. This experience equipped them with extensive knowledge of managing complex medication regimens and collaborating with multidisciplinary teams to enhance patient outcomes. With a focus on optimising medication management and enhancing patient safety within NHS GP practices, Shay has a special interest in managing complex polypharmacy in patients with multiple comorbidities and cardiovascular disease. As a member of the NHSE programme board in specialised commissioning since 2018, he demonstrates a commitment to addressing health inequalities and advocates for equitable access to care. Actively engage in community health initiatives to promote wellness. Their passion for education and training drives efforts to implement best practices and foster professional development.

Shay believes in compassionate leadership and the importance of nurturing teams and dynamics across healthcare systems to improve patient outcomes and experience.



Iwona Ward, Lead Pharmacist for Stroke, Anticoagulation, Lipids and IVIG

Iwona is an Independent Prescriber with a scope in anticoagulation, stroke and lipids. She has been a DPP to two pharmacists and will soon be supervising a multisector trainee pharmacist as part of the new Foundation Training programme. She has produced Anticoagulation support videos, available on the Sussex Partner Formulary, and is co-author of Trust Guidelines.

Her professional roles include membership of the Subregional IVIG Panel, the Sussex Cardiovascular Pharmacist Network, the Stroke Network Acute Steering Group and Royal Pharmaceutical Society. She also participated in the National Thrombolysis in Acute Stroke Collaborative (TASC). She has completed the Rosalind Pharmacist Leadership course and is soon to qualify as a mentor. She is currently undertaking Consultant Pharmacist credentialing.

She previously worked at King's College Healthcare as the Renal Pharmacist specialising in Transplantation and at University Hospitals Sussex (UHS) where she managed the warfarin clinic and was the Lead Pharmacist for Stroke. In addition to her clinical work, Iwona serves as the Trust Partnership Forum Lead, representing colleagues from across the trust and working collaboratively to address staff concerns and improve the workplace environment.

She has lived in the Philippines and Canada, worked as a teacher at an International School in Thailand and now resides in Saltdean, East Sussex.

Workshop 2 & 8 - Room 300
The Role of Clinical and Professional Leadership in Pharmacy: Driving Excellence in Sussex

Target audience: All Pharmacy Staff from all sectors

Overview of the role of pharmacy leadership within the national and local context by exploring the key pillars which underpin professional leadership embracing service delivery, management, education, and research. The session will provide an opportunity to shape the infrastructure and support offered across Sussex to grow the future pharmacy talent pool.

Your Facilitators



Shane Costigan, Pharmacy Dean, NHS England South East

Shane is the Dean of NHS Pharmacy Workforce, Training and Education for the South East of England, leading related programs regionally and nationally. A University of Brighton MPharm graduate, he has experience as a specialist clinical pharmacist and medicines safety lead in Sussex secondary care, as well as in local community pharmacy. He holds a postgraduate diploma in Clinical Pharmacy from the University of Bath and is a former Darzi Fellow in healthcare leadership. Shane recently returned to his role as Regional Pharmacy Dean in April 2025, after serving as the South East Deputy Director for NHS Workforce Supply and Innovation. He co-led the development of the latest NHS Pharmacy Technician workforce strategy for England and has been involved in the reforms to pharmacist initial education and training in Great Britain.

Graham Davies, Professor of Clinical Pharmacy & Therapeutics, School of Applied Sciences, University of Brighton



Neeven Sorial, Interim Chief Pharmacy Officer – NHS Sussex

With nearly 20 years of experience across acute care, commissioning, and integrated care systems, I am dedicated to sustainable innovation, reducing medicines-related harm, and transforming pharmacy services across organisational boundaries. I am passionate about fostering collaborative, high-performing teams and very proud to be part of the leadership team for the Sussex Institute of Medicines Education and Research. I look forward to continuing to empower the pharmacy workforce through education and integration to deliver safer, more effective use of medicines across the Sussex healthcare system.

Workshop 3 & 9 - Room 500

Improving patient care by integrating research into your daily practice

Target audience: All pharmacy staff from all sectors

Novice, intermediate and experienced researchers

Evidence shows that clinically research-active organisations have better patient care outcomes

[\(Embedding a research culture | NIHR\)](#)

This interactive workshop will explore the challenges that exist to integrating research into your daily practice. We will then go on to discuss potential resolutions to enable you to embed research into your portfolio of work and expand your research network.

Your Facilitators



Prof. Mark Yeoman, Professor of Neuropharmacology, Director of the Centre for Lifelong Health, University of Brighton

Mark Yeoman is a Professor of Neuropharmacology and Director of the Centre for Lifelong Health. His research interests focus on the causes and consequences of the natural ageing process in both the central nervous system and gastrointestinal tract. He obtained a BSc in Pharmacology from the University of Southampton and a PhD in Hyperbaric medicine from the University of Aberdeen. After two postdoctoral positions at the University of Sussex he joined the University of Brighton as a Senior lecturer in Pharmacology, mainly teaching into the Pharmacy degree. His grant funding has supported an active research group for over 25 years at the university and he is now keen to utilise his expertise to help pharmacists develop the skills required to undertake research.



Anja St. Clair Jones, Consultant Pharmacist Gastroenterology, University Hospitals Sussex NHS Foundation Trust

Anja St. Clair Jones qualified as a pharmacist in Switzerland in 1987 and has since practiced as a clinical pharmacist in the United Kingdom. In 2011 Anja completed an MSc in Advance Pharmacy Practice at University College London whilst leading the surgical team at the Brighton and Sussex University Hospitals NHS Trust.

In 2012 as an independent prescriber she established drug monitoring clinics for immunosuppressants used in gastroenterology and supervises the biologics infusion clinic, optimising and managing these therapies for the local IBD population. She leads the pharmaceutical service to the multidisciplinary Sussex Operational Delivery Network (ODN) providing regional services for viral hepatitis and hepatology inpatient and outpatient care. In 2016 she gained the title of Consultant Pharmacist Gastroenterology with the remit to promote pharmacy services in Gastroenterology and is a Fellow of the RPS.

Anja was the founding member of the Gastroenterology and Hepatology Interest Group of the United Kingdom Clinical Pharmacy Association (UKCPA) and is the 2021 recipient of the prestigious UKCPA Outstanding Achievement Award. Anja was also a member of the national IBD Standards Steering group actively promoting specialised pharmacy practice and workforce development until 2022. National and international publications showcase pharmaceutical care in the gastroenterology field and encourage and inspire young pharmacists to strive for excellence in pharmacy practice.

Partly retired Anja mentors pharmacists to achieve advanced and consultant level practice and has devised a weekly Sussex Pharmacy education program for pharmacy staff across all services.

Professor Mike Okorie, Consultant Physician and Associate Medical Director for Medicines Safety & Prescribing; Professor of Clinical Pharmacology & Therapeutics and Head, Department of Medical Education, BSMS; RCP Regional Specialty Adviser for Clinical Pharmacology in Kent, Surrey & Sussex

Improving Lives Together



Dr Greg Scutt, Clinical Principal Lecturer in Medicines Use, School of Applied Sciences, University of Brighton

Greg has worked at the University of Brighton for 20 years and currently leads the Medicines Use group. His clinical background is in older people and frailty, and research interests include ageing, neuroscience, pharmacogenomics and pharmacokinetics, and clinical decision making.



Susannah Davidson, Knowledge Exchange Manager: Health Innovation Hub, University of Brighton

Susannah is a seasoned Higher Education professional with over 35 years of experience, dedicated to health-related subjects, projects, and partnerships. Her career spans roles across University Schools, Faculties, Partnerships, Research, and Knowledge Exchange.

She is the contact for the University of Brighton's recently launched Health Innovation Hub and represents the University as a member of the leadership team for Brighton's East and Central Integrated Care Teams. Susannah holds an MBA in Public Service Management and a CMI Level 7 Diploma in Strategic Management and Leadership.

Workshop 4 & 10 - Room 407
Advancing the roles of Pharmacy Technicians & Assistants in Primary Care

Target audience: All Pharmacy Staff from all sectors

This session will explore how developments are shaping the future roles of pharmacy technicians in Sussex, with a focus on PGDs, the development of pharmacy assistants as Accredited Checking Pharmacy Assistants (ACPAs), and the integration of pharmacy technicians into clinic settings, where they are running clinics in practice and enhancing patient care

Your Facilitators



Michaela Tytherleigh, Area Manager, Paydens Ltd.

I have over 20 years of experience in pharmacy, having started my career as a Counter Assistant and worked my way up to my current role as an Area Manager and Accredited Checking Technician (ACT) at Paydens LTD. Over the years, I've gained a wide range of experience by working in independent pharmacies, Lloyds Pharmacy, and now within the Paydens group, which has given me a strong and varied foundation across different pharmacy environments.

My passion lies in developing and supporting pharmacy teams to provide high-quality, patient-centered care. I'm a firm believer in the value of community pharmacy and its role within the wider healthcare system, and I strive to ensure that our services remain accessible, effective, and continually evolving to meet patients' needs.

In addition to my role at Paydens, I am an active member of the Local Pharmaceutical Committee (LPC), where I contribute to the development and promotion of pharmacy services within our region. I also serve as the INT Pharmacy Lead for Eastbourne, working closely with local healthcare providers to help integrate pharmacy into wider primary care initiatives.

Throughout my career, I've remained committed to professional growth, collaboration, and innovation. I enjoy mentoring others in the profession and advocating for the vital role pharmacy plays in our communities. I'm particularly interested in service development, effective team leadership, and supporting the future of pharmacy through strong local partnerships and integrated care working.



Paula Parker, Senior Manager for Medicines Safety, Quality & Workforce, NHS Sussex

Paula has been a pharmacy technician for over 30 years and has held many senior pharmacy technician leadership roles in both commissioning and provider organisations. In her current role she is leading on workforce development for pharmacy technicians across the Sussex system, focussing on the promotion of the multisector Pre-registration Trainee Pharmacy Technician training programme and developing a suite of resources for careers events for schools and colleges across Sussex. Paula has recently completed the CPPE CPhO Pharmacy Leaders Development Programme.



Luisa Muchmore, Higher Level Pharmacy Technician, Fitzalan Medical Group

Still fairly new to the world of pharmacy my journey began in 2022 when, encouraged by my GP colleagues, I chose to leave my former role working for an out of hours care provider and began a cross sector PTPT program with UH Sussex NHS trust. During my program I primarily was based within Worthing hospital I completed 3 month placements across various sectors, community pharmacy with Kamsons Pharmacy, The Integrated Care Board, within Angmering Coppice Fitzalan PCN, and finally with Sussex Partnership Foundation Trust working both within the community team and within inpatient units across Sussex. These placements offered me the opportunity to experience how Technicians work in all sectors as well as developing my knowledge of how these services are run allowing me to bring this knowledge to my role. Upon qualifying and registering as a Pharmacy Technician I began working as a Higher Level Pharmacy Technician at Worthing hospital carrying out medicines reconciliations across wards including Emergency, Surgery, Elderly Medicine and specialist wards. I was then offered the opportunity to re-join ACF PCN working cross site within the prescribing team. My specialism is Hypertension and I lead in Hypertension reviews, receiving readings and signposting patients to the appropriate clinicians whilst booking my own clinics. My clinics involve optimising anti-hypertensive treatment, offering lifestyle support and signposting, monitoring results and initiating medication under clinical supervision.



Judith Morcom, Senior Pharmacy Technician, Fitzalan Medical Group

I started in the early 1990's as a dispensary assistant in an independent pharmacy. Unfortunately my employer was not in a position to send me to college so I financed the pharmacy technician course myself. The course I did was a 2 year day release at Highbury College in Cosham and the subjects we covered were very different to the course today which included the making of suppositories!

Once qualified I worked across many community pharmacies and became a supervisor within a GP surgery and learnt a lot around management and leadership. Within this role I also gained my medicine management and accuracy checking accreditation

In 2008 I moved to London to be with my now husband and started work as a medicine management technician on the wards and over time I gained much knowledge in orthopedics, care of the elderly and renal. My favourite area of hospital was the emergency floor because of the fast pace and variety of patient cases, and I worked as part of the multi disciplinary team.

In 2021 I started working within a PCN with just myself and two pharmacists. Today it is three pharmacists, three technicians and two training pharmacy technicians. We are a strong teaching surgery and keen to progress the career of everyone. I started a hypertension clinics, statin initiation clinics and most recently an HRT review clinic. For my work involved in the HRT clinics I was awarded the employee of the month award. Going forward I want to develop the role within dementia care.



James Williams, Community Pharmacist, Paydens Limetree Pharmacy, Findon

I am a passionate and forward-thinking community pharmacist with a specialist focus on integrating independent prescribing into the community pharmacy sector to improve accessibility and patient outcomes. With over 10 years of experience as a pharmacist working in this sector, I've seen firsthand how community pharmacies can serve as vital access points for healthcare, particularly for underserved populations.

Workshop 5 & 11 - Room 406

Celebrating the impact of specialist Pharmacy Technicians in Sussex

Target audience: All Pharmacy Staff from all sectors

The impact of specialist pharmacy technicians in Sussex, transforming patient care in wound care and mental health services. In wound care, improving patient outcomes by increasing access to dressings, promoting formulary adherence, and reducing waste. In mental health, optimising treatment plans and provide patient-centred care, supporting better medication optimisation.

Your Facilitators

Improving Lives Together



Rebecca Jarvis, Lead Pharmacy Technician, Sussex Partnership NHS Foundation Trust & SPFT mental Health Team

Becky is the Lead Pharmacy Technician at Sussex Partnership NHS Foundation Trust, a specialist mental health trust. With over two decades of experience in pharmacy services, Becky has developed extensive expertise in medicines optimisation, mental health, and service development. She leads on pharmacy technician workforce development, supports quality improvement initiatives, and plays a key role in ensuring safe, effective medicines use across the Trust. Passionate about advancing the pharmacy technician profession, Becky is committed to improving patient care through collaboration, education, and innovation



Claire Butler, Specialist Mental Health Pharmacy Technician, Community Mental Health Teams Brighton & Hove, Sussex Partnership NHS Trust

Claire works across community mental health teams in Brighton and Hove with a primary focus on the Assertive Outreach Team, supporting individuals facing severe mental health challenges including psychosis. She also helps run a Clozapine clinic where she takes bloods, counsels patients and coordinates medication supplies. With over 25 years of NHS experience - starting in hospital pharmacy in 1999 and transitioning to mental health in 2009 - Claire is deeply passionate about patient care and thrives in the fast-paced, dynamic world of mental health. Claire is a committee member of the CMHP/APTUK branch and is currently studying for a PG Cert in Mental Health Therapeutics with Aston University.



Jeanie Bulezuik, Specialist Mental Health Pharmacy Technician Early Intervention in Psychosis Service, Sussex, Sussex Partnership foundation Trust NHS

Jeanie is a dedicated Mental Health Pharmacy Technician with over 20 years of experience working within the NHS. Currently supporting the Early Intervention in Psychosis Service across Sussex, she plays a vital role in providing care to individuals experiencing their first episodes of psychosis. Her work includes active involvement in physical health clinics, where she carries out blood tests, offers medication counselling, and advocates for patient choice in treatment. Jeanie is passionate about holistic, patient-centred care, with a particular focus on improving outcomes in mental health. She is also responsible for organising medication supplies to ensure seamless support across services. A committed member of the Association of Pharmacy Technicians UK (APTUK), Jeanie continues to champion the evolving role of pharmacy technicians in mental health services.



Danielle Patel, Lead Pharmacy Technician, Wound Care, NHS Sussex

Danielle is a Pharmacy Technician with years of experience in a variety of Pharmacy settings including Community, Hospital and Medicines Optimisation. Danielle is currently leading on the wound care supply in Sussex.

Workshop 6 & 12 - Room 608

Clinical assessment skills through simulation (practical session)

Target audience: All pharmacy staff (pharmacists and pharmacy technicians), all sectors and organisations.

Demonstration of the use of simulation to support teaching of clinical assessment skills and the opportunity for attendees to have a go using the simulation dummies.

Your Facilitators



Amy Barrow, Senior Lecturer, School of Applied Sciences, University of Brighton

I am a pharmacist working as part of the Medicines Use Team at the University of Brighton, with previous experience working in Primary Care and Hospital. I previously completed my Independent Prescribing with HIV as my scope of practice.



Fernando Perez, Lecturer, School of Applied Science, University of Brighton

As a lecturer with a background in community pharmacy I am passionate about enhancing undergraduate teaching. To ensure Brighton MPharm students meet the new learning outcomes to become prescribers I co-design and deliver content that focuses on simulation. Thanks to NHS England we have the clinicians and facilities required to simulate different patient conditions and placement environments, with a new focus on physical examinations skills.



Karmen Lessa, 4th Year Pharmacy Student, University of Brighton

Karmen, a final-year MPharm student at the University of Brighton, is researching immune-related adverse events in melanoma patients treated with immune checkpoint inhibitors, particularly pembrolizumab, to determine if these events correlate with better treatment outcomes. He is also a dedicated student advocate, serving as BPSA Liaison for Brighton, PDA Student Representative, and Course Representative, where he organizes academic events and bridges connections between pharmacy students and industry professionals to promote career development.



Supakkan Boonkasem, 3rd Year Pharmacy Student, University of Brighton

Supakkan Boonkasem, 3rd year (MPharm) student at Brighton University with a strong interest in immunology and drug therapies for conditions like cancer and HIV. I am passionate about advancing treatments through research in immune-based therapies and improving patient care in complex diseases.



Yi Ting Abigail Lo, 3rd Year Pharmacy Student, University of Brighton

I am a third-year MPharm student at the University of Brighton, with a keen interest in all aspects of pharmacy practice both in hospital and in the community. I continue to look forward to building on my foundation through clinical placements and events like these, which will help me elevate my skills to the next level, enabling me to make a meaningful impact in the future.

Case Study One - 14:15-14:30
Mentoring Programme within a PCN

Target audience: Pharmacists in Primary care, Employers and policy makers for Primary care pharmacy services

This case study will provide an overview of how to establish a mentoring programme within a GP practice to support career progression of all pharmacy staff Focus on day-to-day work of PCN Pharmacy team, and how mentoring supports early Careers Pharmacists and Technicians. Testimonials provided by EC

Your Facilitators

Anja St. Clair Jones, Consultant Pharmacist Gastroenterology, University Hospitals Sussex NHS Foundation Trust



Eoin Moroney, General Practice Pharmacist, Montpelier Surgery

In my current role as a general practice pharmacist, I run chronic disease management clinics specialising in diabetes, anticoagulation, and the care of frail older adults. Prior to this, I was employed as a PCN lead pharmacist and in the past I have worked for Brighton and Hove Clinical Commissioning Group/Integrated Care Board in addition to working at St George's University Hospitals NHS Foundation Trust and University Hospitals Sussex NHS Foundation Trust.

I am passionate about educating and supporting the development of my pharmacy colleagues and empowering the future generation of pharmacy. To this end, I participate in the delivery of various teaching programmes to a variety of primary care colleagues, junior hospital pharmacists and pharmacy undergraduates. I am also involved as Designated Prescribing Professional (DPP) in the training of new prescribers.

In collaboration with a consultant pharmacist, I also developed and run a mentoring programme for my PCN colleagues.

Case Study Two - 14:30-14:45

One Year in Pharmacy First

Target audience: All pharmacy professionals

Increasing use of expertise and clinical skills in supporting patient care nearer home and access to appropriate treatment in a timely manner. Supporting the wider healthcare agenda, in supporting care in the community.

Learn more about the patient benefits of the service and how as healthcare professionals we can all support the patient pathway.

Your Facilitators



Julia Powell, Chief Executive Officer, Community Pharmacy Surrey and Sussex

Julia is the Chief Executive Officer of Community Pharmacy Surrey and Sussex (CPSS), who represent, support and develop just under 500 NHS community pharmacy contractors across the geography. In this position she provides strategic direction and leadership to enhance the role of community pharmacy within the NHS. Her efforts focus on integrating community pharmacies into Primary Care and ensuring their interests are represented in the wider healthcare landscape. She also continues to work as a Locum Pharmacist within the community pharmacy sector as she enjoys using her clinical knowledge to support the wellbeing of patients.

Starting her career with Lloydspharmacy as a pre-registration trainee, Julia has since worked in a number of senior management roles including Regional Professional Development Manager at Alliance Pharmacy, Regional Pharmacy Manager at Boots, Professional Services Manager at Paydens Group and Regional Manager at Lloydspharmacy. The roles have included promoting community pharmacy to wider stakeholders and contributing to the development of new pharmacy services. Her career highlights include successfully tendering for a PCT-wide anticoagulation service, negotiating and managing clinical services to several hospices and prisons, managing wholesaler distribution licences and leading the pharmacy services agenda within the South East for various organisations.

She holds an MBA from the Open University and a BSc in Pharmacy from the University of Brighton.

Ciara O'Kane, Community Pharmacy Clinical Lead, NHS Sussex

Ciara graduated from University of Brighton in 2004. Completed pre-registration year in Berkshire with McParland Pharmacies and qualified in 2005. Continued working within McParlands as a relief pharmacist manager across their 20+ branches, before becoming a branch pharmacist manager, taking managerial and professional responsibility for counter staff, dispensary staff and pre-registration pharmacists.

Joined Pharm@Sea Outpatient pharmacy at The Royal Sussex County Hospital prior to the pharmacy opening in February 2014, as a senior Pharmacist. This was a great transition from community pharmacy, as still had lots of interactions with patients providing OTC advice, but working with specialised medicines including HIV, chemotherapy, renal and paediatrics. She then took on the role as Superintendent Pharmacist, working with the board to provide clinical assurance and governance and manage the day to day running of the pharmacy.

At the end of 2016 she joined High Weald Lewes Havens Clinical Commissioning Group as a Senior Medicines Optimisation Pharmacist supporting the roll out of Pharmacists in general practice and then the roll out of pharmacy teams working with nursing homes.

Becoming the Principal Pharmacist in 2019, responsibilities included deputising for the Head of Medicines Optimisation, chairing the Brighton Area Prescribing Committee, and leading the pharmacy team.

During the COVID-19 pandemic she led on community pharmacy, dealing with urgent queries and collaborating with stakeholders to provide key messages and communications.

Her current role, Community Pharmacy Clinical Lead, started in 2022. Now responsible for implementation, assurance, and clinical governance of community pharmacy clinical services.

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Case Study Three - 14:45-15:00

Sustainability: The Green impact of Medicines Optimisation

Target audience: Anyone interested in Medicines Optimisation, Sustainability and reduction in harms from medicines

What happens when we optimise medicines for patients?

As well as patient and financial benefits, there is an environmental impact which we'll explore in the data from the first 2 years of a Sussex-wide MOCH service

Your Facilitator



Clare Knight, Principal Clinical Pharmacist, Medicines Optimisation in Care Homes and Lead Pharmacist for Research, Sussex Community NHS Foundation Trust

After 20 years of working in an acute trust I moved to Sussex Community NHS Foundation Trust 10 years ago. I've worked in various roles in the community providing medicines optimisation and helping prevent hospital admissions.

Case Study Four - 15:00 -15:15

Point of Care Genetic testing to reduce risk from Aminoglycoside exposure in newborn infants

Target audience: All attendees at the event

Testing for genetic predisposition to aminoglycoside-induced hearing loss and its impact on pharmacological therapy in two distinct patient pathways; Neonatal critical care and Cystic fibrosis

Your Facilitators

Presented by Sarah Flack, Lead Pharmacist Genomic Medicine and Pharmacy Genomics Intern, SE Genomics Medicine Service Alliance, on behalf of:



Christian Chadwick, Lead Pharmacist for Neonatal Care, University Hospitals Sussex and Kent, Surrey and Sussex Neonatal ODN

Christian is the Lead Pharmacist for Neonatal Care at the Royal Sussex County Hospital in Brighton, home to the largest and only surgical Neonatal Intensive Care Unit serving Kent, Surrey, and Sussex. In addition to his hospital role, Christian serves as the Pharmacy Lead for Neonatal Care across the Kent, Surrey & Sussex region. He collaborates with pharmacists and multidisciplinary healthcare teams to optimise medicines use for newborns across 13 hospitals providing neonatal care in the area. Christian is also an active member of the UK Neonatal and Paediatric Pharmacy Group, contributing to national advancements in neonatal care as part of its Neonatology Committee.

Expert Panel Members - Chaired by Dr Greg Scutt

David Webb, Chief Pharmaceutical Officer NHS England

Sarah Flack, Lead Pharmacist Genomic Medicine and Pharmacy Genomics Intern, SE Genomics Medicine Service Alliance

Mike Okorie, Consultant Physician and Associate Medical Director for Medicines Safety and Prescribing; Professor of Clinical Pharmacology and Therapeutics and Head, Department of Medical Education, BSMS, RCP, Regional Specialty Adviser for Clinical Pharmacology in Kent, Surrey and Sussex



Kat Hall, Head of School / Associate Head of Pharmacy Workforce, Training and Education Directorate, NHS England - South East

Kat is the Head of School for the Workforce, Training and Education Directorate at NHS England South East. She has a background in academia, having worked as an Associate Professor of Clinical Education leading a team to deliver a portfolio of programmes including inter-professional Independent Prescribing and Advanced Clinical Practice. She has previously worked with the Royal Pharmaceutical Society as hosts of 'A Competency Framework for all Prescribers', and 'A Competency Framework for Designated Prescribing Practitioners', to promote ways of using the frameworks to support prescribing competence. Her current research activities focus on the experience of clinical practitioners working in academia. She is active in international workstreams committed to providing guidance towards the mutual and continued development of the global pharmacy technician workforce, and until joining NHS England she maintained a clinical commitment as an independent prescriber.



Bishop Gad, Clinical Pharmacist, Trinity Medical Centre and Charter Medical Centre

I am a Clinical Pharmacist in primary care and an independent prescriber, specialising in chronic pain management. I carry out medication reviews to support safe prescribing, including opioid deprescribing and shared decision making. I also review patients with long-term conditions such as hypertension, asthma, heart failure, and high cholesterol, helping to optimise treatment and improve patient outcomes.

Awards Categories - Sponsored By Centre for Lifelong Health, University of Brighton

Environmental Sustainability - an individual or team who have championed sustainability within the workplace resulting in measurable outcomes and a contribution towards meeting the NHS target of Net Zero.

Innovation in Patient Care - an individual or team who has enhanced medicines optimisation for patients, this can include; innovation through use of digitally enhanced clinical practice, pathway design, quality improvement project or research leading to improved patient care. Projects may be clinical or non-clinical.

Excellence in Continuing Professional Development or Education of others - an individual or team whom has made a significant contribution to provide excellence in education, training and development.

Stands



Association of Pharmacy Technicians UK (APTUK) & Centre for Pharmacy Postgraduate Education (CPPE)



ROYAL PHARMACEUTIC SOCIETY

Royal Pharmaceutical Society (RPS) & Sussex Pharmacy Research Cafe



College of Mental Health Pharmacy

With thanks to the conference planning team:

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Graham Davies, Professor of Clinical Pharmacy & Therapeutics, School of Applied Sciences, University of Brighton

Simran Johal

Excellence in Pharmacy - Sussex Conference supports the Sustainability Agenda

Please read the below information before attending the conference:

- Please bring your own work name badge and lanyard
- You will be asked to wear a paper wristband, as needed for South Coast conference security processes, which will be provided to you when you register on the day
- Please bring your own reusable water bottle - you can refill these at water fountains that are available throughout the conference venue
- No programmes will be printed - if you'd like to refer to this programme on the day, please use this digital copy
- Vegan or vegetarian catering will be provided
- Posters should be collected by poster owners to enable them to be re-displayed at their department and taken to other conferences
- You will be asked to provide digital feedback rather than using conventional paper surveys or feedback cards

Podcast

The Excellence in Pharmacy Sussex event will feature in the Medicines Use Group Hub (MUGHUB) podcast. Please download and listen to this and other MUGHUB podcasts here:

<https://open.spotify.com/show/6JpTG7aElxdZ5xqBCRZjAH>

Poster Presentations

<p>Brow Medical Centre, Sussex ICS Training Hub, NHS Sussex Integrated Care Board, Community Pharmacy Surrey and Sussex</p>	<p>Teach and Treat Model in Sussex Integrated Care System Claire Usher, Lara Belle, Alice Conway, Simran Johal, Jennifer Shorey</p>
<p>Deans and Central PCN</p>	<p>Hypertension and Health Inequalities Collaboration in Primary Care Sarah Trust</p>
	<p>Reducing Opiate Prescribing in Primary Care: A pharmacist-led risk reduction initiative across a Brighton PCN Sarah Trust</p>
<p>East Sussex Healthcare NHS Trust</p>	<p>Alcohol withdrawal treatment and monitoring Fabiola Mendes, Joel Jose and Gemma Daws</p>
	<p>Discharge Medicines Service - Analysis of staff awareness and patient satisfaction Candice Chan, Eunice Chao, Chloe Poi, Yee Cheong, Adanna Eze, Maria Kaleva, Chidera Kanu, Gabriel Nwodo, Alyssa Xuan Yi</p>
	<p>Evaluation of regional Pre-Registration Trainee Pharmacy Technicians virtual training programme Education Directors Kent, Surrey and Sussex</p>
	<p>Improving the Pharmacy Discharge Process on Stroke Wards Eliza Walton, Iwona Ward</p>
	<p>Local Post Registration Multisector Training Collaboration Supporting Workforce Development Sarah Purdy and Alice Conway</p>
<p>Kamsons Pharmacy</p>	<p>Evaluation of NHS 111 and GP Referrals to a Community Pharmacy via PharmOutcomes Simna Sabu and Birke Luckmann</p>
<p>NHS Hampshire and Isle of Wight, NHS Sussex, NHS Frimley</p>	<p>General Practice Pharmacy Education and Development Pathway. A Collaborative Approach Between NHS Frimley, NHS Sussex and NHS Hampshire and Isle of Wight Amareen Kamareen, Alice Conway, Soobia Israr, Paula Parker and Neveen Sorial</p>
<p>NHS Sussex ICB</p>	<p>Establishing and Evaluating a Systemwide Multisector and Multi-professional Network for Designated Prescribing Practitioners within an Integrated Care System Maria Padfield and Alice Conway</p>
	<p>Multisector Pre-Registration Pharmacy Technician Training Program Zenobia Dzisiewska-Smith, Paula Parker and Jenny Stevens</p>
	<p>Promoting Pharmacy as a Career Zenobia Dzisiewska-Smith</p>
<p>South East Coast Ambulance Service</p>	<p>More than just a Patient Group Direction (PGD) update? Understanding the barriers and enablers to pre-hospital seizure management using SEIPs Emma Wood and Rachel Howatson, on behalf of The Seizure Management Group & Trust Medicines Governance Group</p>
	<p>MPharm Experiences in South East Coast Ambulance Service (SECamb) Rachel Howatson, Shani Corb, Munirah Rahman</p>
	<p>Qualitative Review of Medication Pouches Carried On Ambulances Within the South East Coast Region - Using and Open Card Sort Methodology Sarah Cook, Connor Thompson-Poole and Shani Corb</p>
	<p>Review of Antibiotic Prescribing within the Clinical Assessment Service and NHS 111 through Kent, Surrey and Sussex Edward Heaton, Rachel Howatson, Munirah Rahman and Connor Thompson-Poole</p>
<p>Sussex Community Foundation NHS Trust</p>	<p>A MOCH Examination. Medicines Optimisation in Care Homes: What are the Patient, Financial and Environmental Impacts of Medication Review? Clare Knight</p>

Sussex Community NHS Foundation Trust	Making Time for Research Clare Knight
	Extended Roles of a Medicines Optimisation in Care Homes Pharmacy Technician Alan Hopkins and Joanne Maennis - Medicines Optimisation in Care Homes Team - East Sussex
Sussex Partnership NHS Foundation Trust	A Medicine Administration Under Protocol (MAUP): Allowing Pharmacy Technicians to Issue Laxatives to Patients Presenting with Constipation in Clozapine Clinics Becky Jarvis and the Sussex Partnership NHS Foundation Trust Pharmacy Team
	Audit of Annual Monitoring of Clozapine Plasma Levels Yvonne Ogbuefi
	Implementation of a Clozapine Information Pack into Care Homes to Improve Education and Awareness Regarding Clozapine Ami Hale
	Quality Improvement Project to Improve the Process and Accuracy of CRHT Discharge D Brooks and L Resnick
Trinity Medical Centre and Charter Medical Centre	Chronic Pain Reviews Bishoy Gad
University Hospitals Sussex	Antiretroviral (ARV) Switching by a Specialist Pharmacy Team Heather Leake-Date
	Audit of Opportunistic Infection (OI) Prophylaxis Guidelines in People Living with HIV (PLWH) Receiving Cancer Chemotherapy in a UK Teaching Hospital NHS Trust Heather Leake-Date
	CQUIN03 2023/2024 - Intravenous to Oral Switch of Antibiotics: Educating Early Career Pharmacists to Empower Challenging Practice Zahraa Firas Al-Asadi
	New Diagnoses of HIV and Treatment Initiation in the Era of Opt-Out Testing and Modern Antiretroviral Therapy (ART) Heather Leake-Date
	Rapid Response to an Unprecedented Pandemic: Developing a COVID Medicines Delivery Unit (CMDU) Vikesh Gudka
	Transforming Gentamicin Prescribing: Audit on Safety and Compliance Anas Abusikken - Infectious Diseases Team
	Utilising Zero HIV Stigma Day as a Platform to Engage Local Residents in a Fast Track City Heather Leake-Date
University Hospitals Sussex and University of Brighton	Developing an Innovative Regional Weekly Pharmacy Education Program for NHS and Academic Pharmacy Practitioners aligned with the RPS Framework Dwani Shah, Dr Greg Scutt, Anja St Clair Jones
	Does a Joint Doctor-Pharmacist Clinic Improve Outcomes for Autoimmune Hepatitis (AIH)? A Retrospective Single-Centre Pilot F. Rees, I Mavrantoni, C Thompson and N Parnell
University Hospitals Sussex, University of Brighton Centre for Lifelong Health and NHS Sussex	Sandpit Event Promoting and Establishing Pharmacy Research Partnerships Between Secondary Care and Academia: A Potential Model for All Sectors Anja St Clair Jones, Mark Yeoman and Alice Conway
University Hospitals Sussex, East Sussex Healthcare NHS Trust, Surrey and Sussex NHS Trust, Sussex Community Healthcare Trust	Secondary Care Trainee Pharmacist Quality Improvement Project Event Felicity Gorman, Alice Conway, Mary Challis, Devashri Sisodia and Helen Taylor
University of Brighton	Extended 6-Month Stability of Hepatitis C Virus Medicines in Medicine Compliance Aids Bhavik Patel