

Sussex Integrated Trainee Pharmacist Programme Monday 9th February 2026 - 09:00 – 16:30

Session 7:

Case Based Discussions, Prescribing to Substance Misusers and the role of the Community Pharmacist Prescriber, Introduction to Palliative Care Pharmacy , Role of the Palliative Care Pharmacist

Joint Programme with Sussex Community NHS Foundation Trust, Queen Victoria Hospital and Kamsons

All sessions during the day will be held on MS Teams

Target audience

This is Session Seven of once-monthly training events for trainee pharmacists working within secondary care – in Sussex and parts of Surrey – undertaking a short duration cross-sector placement or a split-sector programme in another sector. Through this programme, we aim to promote a culture of multi-sectoral working to support the safe transfer of medicines across primary, community and secondary care. The pre-work that is required for the relevant session is included within the programme. It is expected that this is completed prior to attending, in order that attendees gain the most benefit from the workshops within each session.

Preparation for the Day

1. Ensure you are competent and confident with using Microsoft Teams. Download it on PC/laptops and check that you have access to Microsoft Teams beforehand. We expect you to have your cameras on and the use of a microphone for the training event. Ensure you have a working camera and microphone.
2. Confirm with your Education Lead/Designated Supervisor where you will undertake the virtual training event and ensure this has been arranged and agreed upon in advance prior to the study day.
3. Download the 'BNF' and 'Eolas Medical' apps onto your electronic devices and have ready access to your organisation's guidelines and procedures relevant to the sessions' topics. These may be useful for the discussions around session topics scheduled on the day.
4. Complete all recommended pre-reading/work. It is estimated this will take 2-3 hours.

On the Day

- Join appropriate event links for each session.
- Documents and useful links may be shared within the chat sessions.
- We expect TPs to be fully engaged with each session for a more interactive and productive experience allowing participants to learn from their peers.

Evaluations of Each Session

Your feedback is highly valued for learning and development of the programme. Please allow adequate time and thought when completing evaluations at the end of each session and use the appropriate survey links to evaluate each session.

Whom to contact if you had booked to join the event day but are unable to attend

Each training event is hosted by a different organisation. If you are expected to attend on the 9th February 2026 but subsequently become unavailable, please contact Audrey Haddon, Pharmacy Educational Programme Director SCFT audrey.haddon@nhs.net as well as your Education Lead/DS



Time	Session	Facilitator and MS Team Link	Learning objectives and pre-reading
09:00 - 09:15	Registration and Room open Join meeting AM Join meeting PM		
09:15 - 09:30	Introduction to the day	Audrey Haddon Pharmacy Educational Programme Director, Sussex Community NHS Foundation Trust (SCFT)	Outline the structure and ground rules for the day
9:30 - 11:00	Trainee Pharmacist Case Based Discussions, Peer Assessment and group discussion (Use the same teams link as above)	Case-based Discussion Assessors: Audrey Haddon, Helen Taylor, Senior Clinical Pharmacist, MOCH (Medicines Optimisation in Care Homes) SCFT Kerry Stenning, Pharmacy Clinical Services Lead – QVH Judy Beard, QVH CBD's to be presented by the following practitioners: Aleksandra Zadkowska - UHS Liz Thomas - UHS Fatimah Muhmoud - UHS Shintu Shaj - Brow Medical Centre Noor Javed - Queen Victoria Hospital Hannah Gardner - SASH	<ul style="list-style-type: none"> • Present a CBD to your peers (if applicable) • Undertake a reflective self–assessment on your CBD presentation and question handling or peer assess an observed CBD • Evaluate new learning and identify any personal development needs <p>Pre-work for this session for those presenting: Download a copy of the CBD assessment form. This is for the self-assessment. It can be accessed via the NHS England Foundation, Trainee Pharmacist Programme Learning Hub Catalogue</p> <p>TPs presenting a CBD are to meet with the assessor during the study day or schedule a time for the following day. Please bring a copy of your completed self-assessment CBD form to the meeting with the session facilitator for your feedback</p> <p>GPHC learning outcomes: 1, 4, 5, 6, 7, 8, 11, 12, 13, 14, 15, 16, 17, 18, 21, 29, 30, 31, 32, 33, 34, 35, 54</p>
11:00 - 11:15	Comfort Break		
11:15 - 12:30	Lipids	Iwona Ward Lead Stroke / Anticoagulation/ IVIG and Lipid Specialist Pharmacist	<ul style="list-style-type: none"> • Refresher of the physical signs of dyslipidaemia , baseline tests ,clinical assessments and calculating QRISK3 • Be aware of the main lifestyle changes advised for this patient group • Build on undergraduate knowledge of the mechanism of action of lipid lowering drugs

		East Sussex Healthcare Trust	<ul style="list-style-type: none"> Apply treatment management strategies to patients <p>Pre reading (it is estimated this will take 30 mins) : NG238 - Overview Cardiovascular disease: risk assessment and reduction, including lipid modification Guidance NICE lipid-management-pathway-v7.pdf</p>
12:30 - 13:15	Lunch		
13:15 - 13:20	Introduction to afternoon	Mark Donaghy Kamsons Pharmacy Training Lead	Outline the structure of the afternoon
13:20 - 14:20	Prescribing to Substance Misusers and the role of the Community Pharmacist Prescriber Continue to use link from 13:15	Ravi Vaitha Lead Pharmacist Prescriber at Kamsons Pharmacy Substance Misuse Prescriber Kamsons Pharmacist Area Manager	<p>A session to explain the career progression from Trainee Pharmacist to Senior Prescriber in an organisation of 100 pharmacists</p> <ul style="list-style-type: none"> Explanation of personal journey to becoming a Pharmacist with a Special Interest in Substance Misuse and being a prescriber of 14 years' experience of prescribing to substance misusers within community pharmacies To gain an understanding of prescribing and dispensing to substance misusers and risks and benefits of maintenance and reduction therapy To gain an understanding of setting up a private prescribing and vaccination service
14:20 - 14:35	Comfort break		
14:35 - 16:00	Introduction to Palliative Care Pharmacy and the Role of the Palliative Care Pharmacist Continue to use link from 13:15	Dr Melissa Hartigan Kamsons Pharmacist Manager, Hove and Palliative Care Pharmacist	<p>To gain an overview of palliative care pharmacy, an appreciation of the use of syringe drivers and the role of specialist community pharmacists in providing clinical pharmacy services to Hospices</p> <p>Pre-reading – please read the palliative care section of the BNF for a brief introduction to the topic (it is estimated this will take 30 mins) : https://bnf.nice.org.uk/medicines-guidance/prescribing-in-palliative-care/</p>
16:00 - 16:20	Evaluation and close	Mark Donaghy Kamsons Pharmacy Training Lead	<p>Closing comments</p> <p>Complete evaluation forms</p>