

Sussex Integrated Trainee Pharmacist Programme

Tuesday 13 January 2026 – 9:00 - 16:30

Session 5: Case Based Discussions Smoking Cessation Respiratory Conditions and Clinical Considerations Pharmaceutical Management of Patients with Pulmonary Embolism Evaluation of the Joint Study Day Programme

Hosted by Surrey and Sussex Healthcare Trust

Please click on the attached link that provides further details on travel information, including public transport & on-site parking. [East Surrey Hospital :: Surrey and Sussex Healthcare NHS Trust](#). The additional link provides further information to the training rooms [Directions to Jacob Bell training rooms](#)

Target audience

This is Session Five of once-monthly training events for trainee pharmacists working within secondary and primary care – in Sussex and parts of Surrey – undertaking a short duration (taster) cross-sector placement or a split-sector programme in another sector. Through this programme, we aim to promote a culture of multi-sectoral working to support the safe transfer of medicines across primary and secondary care.

The pre-work that is required for the relevant session is stated at the bottom of the programme. It is expected that this is completed prior to attending, in order that attendees gain the most benefit from the workshops within each session.

Preparation for the in-person training event at SASH

1. Confirm with your Education Lead/Designated Supervisor where you will undertake the **in-person training event** and ensure this has been arranged and agreed upon in advance prior to the study day.
2. Please download the 'BNF' and 'Microguide/Eolas' apps onto your electronic devices and have ready access to your organisation's guidelines and procedures relevant to the sessions' topics. These may be useful for the discussions around session topics scheduled on the day.
3. Complete all recommended pre-reading/work. it is estimated this will take 2-3 hours.

On the Day

- Documents and useful links may be shared within the chat sessions.
- We expect TPs to be fully engaged with each session for a more interactive and productive experience allowing participants to learn from their peers.

Evaluations of Each Session

Your feedback is highly valued for learning and in the development of the programme. Please allow adequate time and thought when completing evaluations at the end of each session and use the appropriate survey links to evaluate each session of the day.

Whom to contact if you had booked to join the event day but are unable to attend

Each training event is hosted by a different organisation. If you are expected to attend but subsequently are not able to please inform Mary Challis, Lead Pharmacist Education and Training, Surrey and Sussex Healthcare NHS Trust - Mary.Challis@nhs.net as well as your Education Lead/DS.



Time	Session	Facilitator and MS Team Link	Learning objectives and pre-reading
08:55	Arrive promptly for 9:00 start		
9:00 - 9:15	Introduction to the day	Mary Challis <i>Lead Education & Training Pharmacist Surrey and Sussex Healthcare Trust</i>	Outline the structure of the day and be aware of the ground rules.
9:15 - 10:30	Trainee Pharmacist Case Based Discussions and group discussion Trainees to present: Naina Trivedi (SASH) Karin Poon (UHS) Haya Ahmed (UHS) Audrey Matambo (ESHT)	Mary Challis Erika Giordano <i>Band 7 - Rotational Pharmacist – Acute Medicine / Education & Training</i>	Present a CBD to your peers (if applicable) Undertake a reflective self-assessment on your CBD presentation and question handling or offer peer feedback on an observed CBD. Prepare questions to ask your peers during CBD. Evaluate new learning and identify any personal development needs. Please send presentation to Mary Challis by lunchtime on Monday 12 January 2026. Pre-work Download the CBD assessment form. It can be accessed E-portfolio and downloadable resources Health Education England (hee.nhs.uk)
10:30 - 11:30	Pharmaceutical Management of pulmonary embolism	Monica Vaidya <i>Band 8 – Lead Pharmacist - Stroke, IP for pulmonary embolism clinics SaSH</i>	Be aware of the diagnosis of a pulmonary embolism, its pharmaceutical management and the role of the pharmacist IP. Pre-reading – it is estimated this will take an hour <ul style="list-style-type: none"> • Overview Venous thromboembolic diseases: diagnosis, management and thrombophilia testing Guidance NICE • https://www.nice.org.uk/guidance/ng89 • https://www.medicines.org.uk/emc/product/898/smpc • Use MDCALC to find PESI score, PE Wells score and DVT Wells score
11:30 - 11:45	Comfort break		



11:45 -12:45	Pharmaceutical management of asthma and COPD	Erika Giordano Band 7 – Rotational Pharmacist – Acute Medicine / Education & Training	Be familiar with diagnosis and management of asthma and COPD in secondary care. Pre -work Read the guidelines below – estimated this will take an hour <ul style="list-style-type: none"> NICE NG115 Chronic obstructive pulmonary disease in over 16s: diagnosis and management https://www.nice.org.uk/guidance/ng115 NICE NG245 Asthma: diagnosis, monitoring and chronic asthma management https://www.nice.org.uk/guidance/ng245 GOLD COPD guidelines – Management of exacerbations and stable COPD sections https://goldcopd.org/2025-gold-report/
12:45 - 13:15	Placebo Inhaler demo session	Erika Giordano	Download and be familiar with Rightbreathe APP
13:15 - 14:00	Lunch		
14:00 - 14:10	Ice breaker	Mary Challis	
14:10 -15:00	Very Brief Advice in smoking cessation	Hamisha Salim <i>Band 7 - Rotational Pharmacist – Acute Medicine / Education & Training</i>	Describe the different types of NRT available and when to use them Complete the VBA training before the study day you will need to register if not already done before. It is estimated this takes 1 hour <ul style="list-style-type: none"> NCSCT e-learning
15:00 - 15:10	Comfort break		
15:10 - 16:30	Respiratory workshop	Elizabeth Wright <i>Band 7 – Rotational Pharmacist – Respiratory SaSH</i>	Be able to clinically screen drug charts. Use efficiently resources such as eolas, BNF, NICE, BTS guidelines Discuss how CURB scoring affects treatment
16:30	Evaluation and Close	Mary Challis	

