

# Sussex Integrated Trainee Pharmacist Programme

## Thursday 13th November 2025 – 09:00 – 16:00

### Session 4: Case Based Discussions and Pregnancy and Breastfeeding

Hosted by University Hospitals Sussex NHS Foundation Trust

All sessions during the day will be held on MS Teams

#### Target audience

This is Session Four of once-monthly training events for trainee pharmacists working within secondary care – in Sussex and parts of Surrey or those in community or primary care undertaking a short placement in secondary care. Through this programme, we aim to promote a culture of multi-sectoral working to support the safe transfer of medicines across primary, community and secondary care. The pre-work that is required for the relevant session is included within the programme. It is expected that this is completed prior to attending, in order that attendees gain the most benefit from the workshops within each session.

#### Preparation for the Day

1. Ensure you are competent and confident with using Microsoft Teams. Download it on PC/laptops and check that you have access to Microsoft Teams beforehand. We expect you to have your cameras on and the use of a microphone for the training event. Ensure you have a working camera and microphone.
2. Confirm with your Education Lead/Designated Supervisor where you will undertake the virtual training event and ensure this has been arranged and agreed upon in advance prior to the study day.
3. Download the 'BNF' and 'Eolas Medical' apps onto your electronic devices and have ready access to your organisation's guidelines and procedures relevant to the sessions' topics. These may be useful for the discussions around session topics scheduled on the day.
4. Complete all recommended pre-reading/work. It is estimated this will take 2-3 hours.

#### On the Day

- Join appropriate event links for each session.
- Documents and useful links may be shared within the chat sessions.
- We expect TPs to be fully engaged with each session for a more interactive and productive experience allowing participants to learn from their peers.

#### Evaluations of Each Session

Your feedback is highly valued for learning and development of the programme. Please allow adequate time and thought when completing evaluations at the end of each session and use the appropriate survey links to evaluate each session.

#### Whom to contact if you had booked to join the event day but are unable to attend

Each training event is hosted by a different organisation. If you are expected to attend on the 13<sup>th</sup> November 2025 but subsequently become unavailable, please contact Mairead O'Malley as well as your Education Lead/DS. *Pharmacy Educational Programme Director Trainee Pharmacists UHSussex NHS Trust* [mairiad.o'malley@nhs.net](mailto:mairiad.o'malley@nhs.net)



Time	Session	Facilitator and MS Team Link	Learning objectives and pre-reading
09:00 - 09:15	<b>Registration and Room open</b> <a href="#"><u>Join the meeting now</u></a>		
09:15 - 09:30	Introduction to the day	Mairead O'Malley <i>Pharmacy Educational Programme Director Trainee Pharmacists University Hospitals Sussex NHS Foundation Trust</i>	Outline the structure and ground rules for the day
9:30 – 10:30	<b>Trainee Pharmacist Case Based Discussions, Peer Assessment and group discussion</b>  (Use the same teams link as above)  <b>Each CBD presentation will take 10 minutes followed by 20 minutes for Q&amp;A and peer evaluation</b>	<b>Case-based Discussion Assessors:</b>  Mairead O'Malley, UHSussex  CBD's to be completed by the following practitioners:  Jayesh Punn (UHSussex)  Widad Al-Fatyan (UHSussex)	<ul style="list-style-type: none"> <li>• Present a CBD to your peers (if applicable)</li> <li>• Undertake a reflective self–assessment on your CBD presentation and question handling or peer assess an observed CBD</li> <li>• Evaluate new learning and identify any personal development needs.</li> </ul> <p><b>Pre-work for this session for those presenting:</b> Download a copy of the CBD assessment form. This is for the self-assessment. It can be accessed <a href="https://www.hee.nhs.uk">E-portfolio and downloadable resources   Health Education England (hee.nhs.uk)</a> TPs presenting a CBD are to meet with the assessor during the study day or schedule a time for the following day. Please bring a copy of your completed self-assessment CBD form to the meeting.</p> <p><b>GPHC learning outcomes:</b> 1, 4, 5, 6, 7, 8, 11, 12, 13, 14, 15, 16, 17, 18, 21, 29, 30, 31, 32, 33, 34, 35, 54</p>
10:30-11:00	<b>Comfort Break</b>		

11:00-12:30	<b>Trainee Pharmacist Case Based Discussions and group discussion</b>  (Use the same teams link as above)	<b>Case-based Discussion Assessors:</b>  Mairead O'Malley, UHSussex  CBD's to be completed by the following practitioners:  Maryam Al-Talabani (UHSussex)	<ul style="list-style-type: none"> <li>• Present a CBD to your peers (if applicable)</li> <li>• Undertake a reflective self-assessment on your CBD presentation and question handling or peer assess an observed CBD</li> <li>• Evaluate new learning and identify any personal development needs.</li> </ul> <p><b>Pre-work for this session for those presenting:</b> Download a copy of the CBD assessment form. This is for the self-assessment. It can be accessed <a href="https://www.hee.nhs.uk">E-portfolio and downloadable resources   Health Education England (hee.nhs.uk)</a> TPs presenting a CBD are to meet with the assessor during the study day or schedule a time for the following day. Please bring a copy of your completed self-assessment CBD form to the meeting.</p> <p><b>GPHC learning outcomes:</b> 1, 4, 5, 6, 7, 8, 11, 12, 13, 14, 15, 16, 17, 18, 21, 29, 30, 31, 32, 33, 34, 35, 54</p>
12:30 - 13:30	<b>Lunch</b>		
13:30 - 15:30	Pregnancy and Breastfeeding	<b>Rebekah Verheul</b>	<p>To gain an understanding of management of certain conditions throughout pregnancy To be aware of the physiological and pharmacokinetic changes during pregnancy. To become familiar with information sources for medication use in pregnancy.</p> <p>To be aware of the benefits of breastfeeding and the need for pharmacy support. To understand how medications enter breastmilk and information sources for drugs in breastmilk queries.</p> <p>Pre-reading - It is estimated the pre-reading will take 1 hour. Please have a look at the SPS training resources which can be accessed via:  <a href="https://www.sps.nhs.uk/home/guidance/safety-in-breastfeeding/">https://www.sps.nhs.uk/home/guidance/safety-in-breastfeeding/</a> .  <a href="https://www.sps.nhs.uk/home/guidance/safety-in-pregnancy/">https://www.sps.nhs.uk/home/guidance/safety-in-pregnancy/</a></p>
15:30 - 16:00	<b>Evaluation and close</b>	Mairead O'Malley	Complete evaluation forms