

Sussex Integrated Trainee Pharmacist Programme

Wednesday 18th March 2026 – 9:30 – 16:30

(optional 8:30 start for Sussex Pharm Ed Programme)

Session 8

Case Based Discussions, Pharmaceutical Management of the Surgical Patient, Post Op Nausea and Vomiting, Epilepsy/Parkinson's, Stroke and Subarachnoid Haemorrhage

Hosted by University Hospitals Sussex NHS Foundation Trust

All sessions during the day will be held in Room 7a on Level 11C within the Louisa Martindale Building (LMB) at the Royal Sussex County Hospital, Eastern Road, Brighton, BN2 5BE.

The Education Centre can be easily accessed from the main reception. Please access L11 via the C lifts, see the attached map for more information: [RSCH-Map-2026-Digital-North.pdf](#)

Please click on the attached link that provides further information on travel directions, public transport, site and parking maps. [How to get here - University Hospitals Sussex NHS Foundation Trust](#)

There is a Peabody's café on the ground floor of the LMB to purchase refreshments which is open at 07:00 and a M&S opposite the café which also opens at 07:00. There is a large seating area near the café where you are welcome to eat your own lunch, however, please note there are no facilities to heat up your meal in this area.

Target audience: This is Session Eight of a once-monthly training event for secondary care trainee pharmacists working within Sussex and parts of Surrey and community and primary care trainee pharmacists undertaking a short duration cross-sector placement or a split-sector programme within secondary care. Through this programme, we aim to promote a culture of multi-sectoral working to support the safe transfer of medicines across primary, community and secondary. The pre-work that is required for the relevant session is included within the programme. It is expected that this will be completed prior to attending, in order that attendees gain the most benefit from the workshops within each session.

Preparation for the Day

1. Confirm with your Education Lead/Designated Supervisor where you will undertake the in-person training event and ensure this has been arranged and agreed upon in advance prior to the study day.
2. Please download the 'BNF' and 'eolas/microguide' apps onto your electronic devices and have ready access to your organisation's guidelines and procedures relevant to the sessions' topics. These may be useful for the discussions around session topics scheduled on the day.
3. Complete all recommended pre-reading/work. It is estimated this will take less than 3 hours.

On the Day

- We expect TPs to be fully engaged with each session for a more interactive and productive experience, and participants can learn from their peers.
- Please wear your organisation ID badges to aid the facilitators with the workshops you will be participating in.

Evaluations of Each Session

Your feedback is highly valued for the learning and development of the programme. Please allow adequate time and thought when completing evaluations at the end of each session and use the appropriate survey links to evaluate each session.

Whom to contact if you had booked to join the event but are unable to attend

Each training event is hosted by a different organisation. If you are expected to attend on the 18th March 2026 but subsequently become unavailable, please contact Iyad Shosha, Specialist Pharmacist Education and Development Iyad.shosha@nhs.net or Abeer Aamir, Rotational Pharmacist undertaking Education rotation Abeer.aamir@nhs.net as well as your Education Lead/DS.



Time	Session	Facilitator and MS Team Link	Learning objectives and pre-reading
08:15 - 08:30	Register		
08:30 - 09:30	Sussex Pharm Ed Programme	Anja St Claire Jones, University Hospitals Sussex	<ul style="list-style-type: none"> Outline the service Aims and intended outcomes of the service How to refer and the journey of the patient <p>**THIS SESSION IS OPTIONAL AND NOT MANDATORY**</p>
09:30 - 09:45	Register and introduction to the event	Iyad Shosha, Specialist Pharmacist Education and Development /Paediatrics Alice Conway, Pharmacy Education Strategy and NMP lead, UHSussex	<ul style="list-style-type: none"> Outline the structure of the day and be aware of the ground rules and etiquette
9:45 - 10:30	Case Based Discussion	<p>CBD's to be presented by the following practitioners</p> <p>Amy Harrison, University Hospitals Sussex</p> <p>Roya Shansavari, University Hospitals Sussex</p> <p>Keira Short, University Hospitals Sussex</p> <p>Case Based Discussion Assessors Iyad Shosha and Alice Conway</p>	<ul style="list-style-type: none"> Present a CBD to your peers (if applicable) Undertake a reflective self-assessment on your CBD presentation and question handling or peer assess an observed CBD Evaluate new learning and identify any personal development needs <p>Pre-work for this session for those presenting: Download a copy of the CBD assessment form. This is for the self-assessment. It can be accessed via the NHS England Foundation, Trainee Pharmacist Programme Learning Hub Catalogue</p> <p>TPs presenting a CBD are to meet with the assessor during the study day or schedule a time for the following day. Please bring a copy of your completed self-assessment CBD form to the meeting with the session facilitator for your feedback</p> <p>GPHC learning outcomes: 1, 4, 5, 6, 7, 8, 11, 12, 13, 14, 15, 16, 17, 18, 21, 29, 30, 31, 32, 33, 34, 35, 54</p>
10:30 - 10:45	Comfort Break		
10:45 - 12:00	Pharmaceutical Management of the Surgical Patient	Bradley Porter, University Hospitals Sussex	<ul style="list-style-type: none"> Develop an understanding of the rationale for different surgical prophylactic antibiotics Be aware of the treatment rationale for post-operative infections Gain an understanding of the management of medications during the peri-operative period Be aware of classes of medication commonly used in surgical patients, in particular for surgical pathways <p>Pre-Reading/Pre-work – it is estimated that this will take 15 mins</p> <p>Reflect on any previous experience you have had during surgical rotations and how you could build on this</p> <ul style="list-style-type: none"> Familiarise yourself the surgical section of your trust's local antimicrobial guidelines on Microguide/Eolas <p>Overview Perioperative care in adults Guidance NICE</p>

12:00 - 13:00	Post-Op Nausea and Vomiting	Bradley Porter, University Hospitals Sussex	<ul style="list-style-type: none"> ▪ Gain an understanding of causes and mechanisms of post op nausea and vomiting ▪ Management of post op nausea and vomiting ▪ APFEL score and how different patient populations have different risks to post op nausea and vomiting
13:00 - 14:00	Lunch		
14:00 - 15:00	Epilepsy/Parkinson's	Funke Amarvi, Lead Neurology Pharmacist – Division of Surgery University of Hospitals Sussex	<ul style="list-style-type: none"> ▪ Describe the common types of epilepsy and recognise first line and common anti-epileptic drugs ▪ Identify important adverse effects, interactions and safety considerations with antiepileptics, red flags and emergency situations ▪ Be aware of parkinson and common motor and non-motor symptoms ▪ Discuss the main pharmacological treatment options and understand the importance of timing and adherence in optimising symptom control <p>Pre-work for this session - please familiarise yourself with the NICE guideline and below (it is estimated that this will take 1 hour):</p> <p>https://www.nice.org.uk/guidance/ng217 Epilepsies in children, young people and adults</p> <p>https://www.nice.org.uk/guidance/ng71 Parkinson's disease in adults</p>
15:00 - 15:15	Comfort Break		
15:15 - 16:15	Stroke/Subarachnoid Haemorrhage	Max Hayes, Lead Neurosurgical Pharmacist, University of Hospitals Sussex	<ul style="list-style-type: none"> ▪ Identify different types of stroke and the common clinical features and emergency presentation of stroke ▪ Understand the principles of acute stroke management and key medicines used in secondary prevention ▪ Recognise important medicine safety considerations <p>Pre-work for this session - please familiarise yourself with the guidelines below (it is estimated that this will take 1 hour)</p> <p>https://www.strokeguideline.org/contents/</p>
16:15 - 16:30	Evaluation and close	Iyad Shosha and Alice Conway	Complete any outstanding evaluation forms. Summary of day and closing comments
16:30	Close		