

Sussex Integrated Trainee Pharmacist Programme

Thursday 18th September 2025, 9:00 - 17:00

Session 2

Case Based Discussions, Pharmaceutical Management of Hepatic Disease, Endocrine System, Quality Improvement/Poster/Abstract Preparation

Hosted by: East Sussex NHS Healthcare Trust

Target audience

This is Session Two of once-monthly training events for secondary care trainee pharmacists working within Sussex and parts of Surrey and community and primary care trainee pharmacists undertaking a short duration cross-sector placement or a split-sector programme within secondary care. Through this programme, we aim to promote a culture of multi-sectoral working to support the safe transfer of medicines across primary, community and secondary care.

The pre-work that is required for the relevant session is included within the programme. It is expected that this is completed prior to attending, in order that attendees gain the most benefit from the workshops within each session.

Preparation for the Day

1. Ensure you are competent and confident with using Microsoft Teams. Download it on PC/laptops and check that you have access to Microsoft Teams beforehand. We expect you to have your cameras on and the use of a microphone for the training event. Ensure you have a working camera and microphone.
2. Confirm with your Education Lead/Designated Supervisor where you will undertake the virtual training event and ensure this has been arranged and agreed upon in advance prior to the study day.
3. Download the 'BNF' and 'Eolas Medical' apps onto your electronic devices and have ready access to your organisation's guidelines and procedures relevant to the sessions' topics. These may be useful for the discussions around session topics scheduled on the day.
4. Complete all recommended pre-reading/work. it is estimated this will take 2-3 hours.

On the Day

- Join appropriate event links for each session.
- Documents and useful links may be shared within the chat sessions.
- We expect TPs to be fully engaged with each session for a more interactive and productive experience allowing participants to learn from their peers.

Evaluations of Each Session

Your feedback is highly valued for learning and in the development of the programme. Please allow adequate time and thought when completing evaluations at the end of each session and use the appropriate survey links to evaluate each session of the day.

Whom to contact if you had booked to join the event day but are unable to attend

Each training event is hosted by a different organisation. If you have booked for any event/s on this day but subsequently are not able to attend please contact Alice Conway (TP Educational Programme Director, ESHT) alice.conway@nhs.net as well as your Education Lead/DS.

Time	Session	Facilitator and MS Team Link	Learning objectives and pre reading
09:10	Registration and Room open Join the meeting now		
09:15 - 09:30	Registration and Introduction to the day	Alice Conway, TP Educational Programme Director, East Sussex Healthcare NHS Trust Sabrina Dahlab, Specialist Pharmacist for Education and Development East Sussex Healthcare NHS Trust	Outline the structure of the day and be aware of the ground rules.
09:30 - 10:45	Trainee Pharmacist Case Based Discussions and group discussion (Use the same teams link as above)	Riaa Amin - Surrey and Sussex Healthcare NHS Trust Amro Abouhammer - East Sussex Healthcare NHS Trust Arsalan Naveed - East Sussex Healthcare NHS Trust Asha Solanki - University Hospital Sussex NHS Foundation Trust Case Based Discussion Assessors - Alice Conway Sabrina Dahlab	<ul style="list-style-type: none"> • Present a CBD to your peers (if applicable) • Undertake a reflective self–assessment on your CBD presentation and question handling or peer assess an observed CBD • Evaluate new learning and identify any personal development needs. <p>Pre-work for this session for those presenting: Download a copy of the CBD assessment form. This is for the self-assessment. It can be accessed E-portfolio and downloadable resources Health Education England (hee.nhs.uk) TPs presenting a CBD are to meet with the assessor during the study day or schedule a time for the following day. Please bring a copy of your completed self-assessment CBD form to the meeting. GPhC learning outcomes: 1, 4, 5, 6, 7, 8, 11, 12, 13, 14, 15, 16, 17, 18, 21, 29, 30, 31, 32, 33, 34, 35, 54</p>
10:45 - 11:00	Comfort Break		
11:00 - 12:30	Pharmaceutical Management of Hepatic Disease Join the meeting now	Fiona Rees, Consultant Pharmacist - Gastroenterology University Hospitals Sussex	<ul style="list-style-type: none"> • Be aware of pharmaceutical management of a hepatically impaired patient including pharmacokinetics of drugs with an emphasis on metabolism • Critically appraise the effects of drugs on the liver and apply these principles to clinical practice <p>Pre-work for this session - please familiarise yourself with the resources below (it is estimated that this will take 1 hour):</p> <ul style="list-style-type: none"> • Your trust guidelines on alcoholic liver disease • Liver conditions Topic NICE <p>GPhC learning outcomes: 8, 11, 13, 16, 21, 23, 26, 29, 31, 34, 35, 38 GPhC assessment framework: Medium weighted therapeutic area</p>

12:30 - 13:30	Lunch		
13:30 - 14:30	Endocrine - Part 1 Join the meeting now	Hannah Syed, East Sussex Diabetes Specialist Pharmacist NHS Sussex MO Diabetes Lead Pharmacist East Sussex Healthcare NHS Trust Sabrina Dahlab, Specialist Pharmacist for Education and Development, East Sussex Healthcare NHS Trust	<ul style="list-style-type: none"> Apply national and local guidelines to support medicines optimisation for patients with type 2 diabetes Apply a person-centred approach in the management of diabetes Develop an awareness of local diabetes guidance and projects within the area Critically appraise drugs commonly used in type 2 diabetes including their indications, commonly prescribed doses, common side effects, monitoring parameters, and any associated evidence supporting their use Provide individualised information and agree personalised targets to help patients make decisions about their treatment <p>Pre-work for this session - please familiarise yourself with the resources below (it is estimated that this will take 30mins -1hour) Overview Type 2 diabetes in adults: management Guidance NICE</p>
14:30 - 14:45	Comfort Break		
14:45 - 15:45	Endocrine - Part 2 (Use Part 1 teams link)	Vanessa Turner, Cardiology and Stroke Specialist Pharmacist East Sussex Healthcare NHS Trust	<ul style="list-style-type: none"> Interpret Thyroid function tests for clinical case studies Pharmaceutically manage hyperthyroid and hypothyroidism including monitoring and safety netting Discuss consultation aspects of a patient on thyroid medication Be aware of the common medication errors within this patient group <p>Pre-work for this session - please familiarise yourself with the resources below (it is estimated that this will take 30mins - 1hour): Resource for guidelines - Overview Thyroid disease: assessment and management Guidance NICE Resource for guidelines and professional information - British Thyroid Association – Official Website Resource for patient information - The British Thyroid Foundation (BTF)</p>
15.45 - 16.15	Endocrine - Part 3 (Use Part 1 teams link)	Alice Conway, TP Educational Programme Director, East Sussex Healthcare NHS Trust	<ul style="list-style-type: none"> Overview of the pharmaceutical and non-pharmaceutical management of osteoporosis Be aware of common medicines optimisation challenges within this patient group Signpost patients to osteoporosis resources
16.15 - 16.45	Quality Improvement/ Poster/Abstract Preparation Join the meeting now	Alice Conway, TP Educational Programme Director, East Sussex Healthcare NHS Trust	<ul style="list-style-type: none"> Develop an abstract and poster for a quality improvement project or audit
16.45 - 17:00	Evaluation and Close	Alice Conway and Sabrina Dahlab	