

# Public Research Champions

Spring 2026 Newsletter

Our January and March meetings included some really engaging guest speakers and thoughtful discussions.

We heard from **Harry Warner**, who shared his research proposal exploring the potential interaction between proton pump inhibitors and immunotherapy in cancer patients. This sparked a rich discussion, with champions helping to refocus the project on its core outcome. Their insights supported a valuable shift in approach, shaping a clearer research question and a revised title centred on asking: *“Is there an interaction?”*

In January, **Bobbeth Ledgister** presented her proposal for an interactive dementia care device to support communication between patients, carers, and health professionals. This led to a thought-provoking conversation about healthcare technologies, highlighting their benefits, limitations, and the importance of accessibility and real-world use.



## CELEBRATING OUR CHAMPIONS!

We want to take a moment to say **thank you** for everything you do - whether that's attending meetings, sharing conversations about research, or simply being an advocate in your own community.

### Champion moments this quarter:

Champions have attended meetings, discussions, and events to represent the Research Champion voice.

Ongoing conversations in communities about health and care research continue to make a real difference.

Champions feedback is shaping how we communicate about research.

*"Today's research is tomorrow's treatments - that is why UHSussex is a research active trust"*

To read more about the Public Research Champions scan the QR code or email [uhsussex.researchengagement@nhs.net](mailto:uhsussex.researchengagement@nhs.net)



Upcoming Research Champion meetings for your diaries:

- 14<sup>th</sup> May 2026 at The Barn, Southwick
- 15<sup>th</sup> July 2026, The Shoreham Centre