

the alex

What to expect during my visit for a videofluoroscopy

Information for parents and carers





When I arrive, I head straight to the Xray department on level 4 and check in at the desk.

Next, I head to the door to the
submarine room!



This is where I'll have my
Videofluoroscopy.

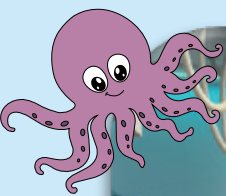
In here I'm greeted by some
friendly Speech Therapists
and Radiographers!



Everyone else in the room, even my parent or carer, will put on an apron, there's lots of fun colours to choose from!



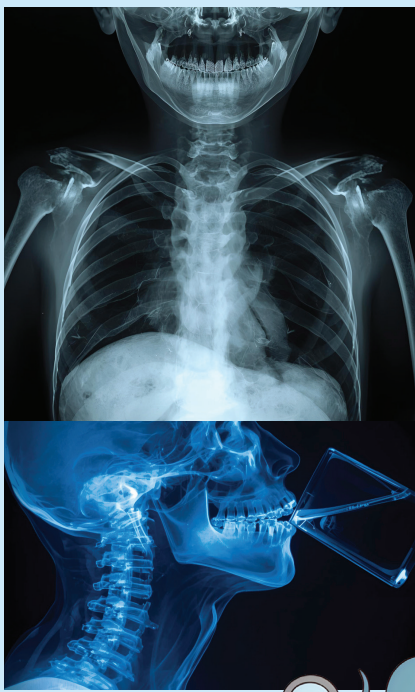
They can be very heavy, as they're made from lead!



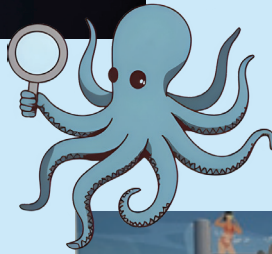
Sometimes the radiographers will ask me to sit on the red chair, but in some cases I'll sit in a highchair or wheelchair instead.

Once I'm sat down I'll try some yummy snacks and something to drink!



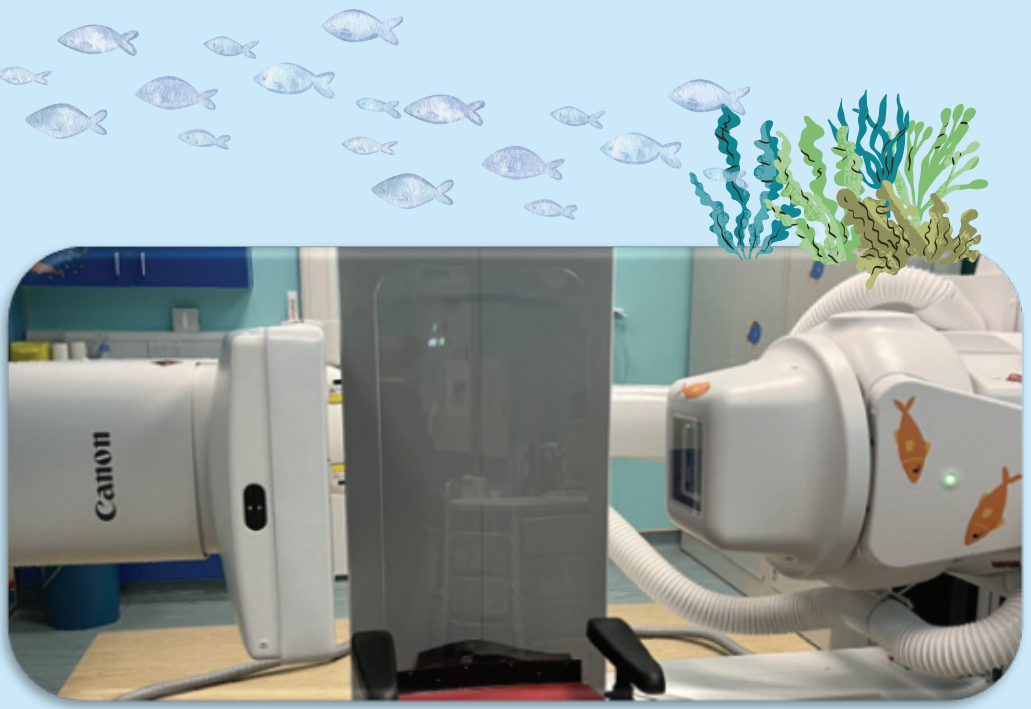


The machine will
take an Xray video
of my swallow to
make sure
everything is going
the right way to
my tummy.



This
machine is
controlled
by the
radiologist.





The arms of the machine might move around a bit, but it's okay, it's just watching me swallow.

I might be asked to sit back or lean forward, this is so the camera can see exactly what is going on inside.

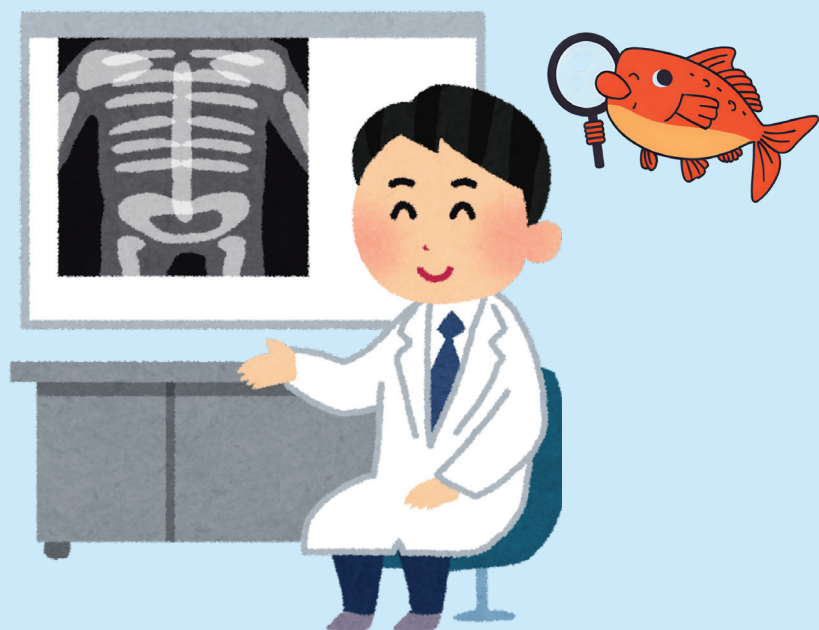


I'll be supported by someone who knows me really well like my parent or carer.



I'll also be with a speech therapist who will help me with my snacks and drinks. They'll keep a note of all the things I've tried.

Once I've eaten and had a drink the speech therapist will check the video to see if they can find where my food has travelled to.



Sometimes food or drink can get a little bit lost on its way to my tummy. They have to check, make sure I'm safe and that its going the right way.

They'll tell me what is super safe to eat, what I must be more careful with, and what to avoid.

Sometimes they can tell me straight away, but sometimes I have to wait for them to watch the video again and send me a report.



...and now it is all finished, I get to
head home!



Thanks for coming along with me
for my videofluoroscopy.



Advice for grown ups:

- Your Speech and Language Therapist may suggest you bring a certain food or drink but if they have not, please bring a selection of your child's usual food and drink.
- If your child finds a particular food or drink more difficult, please bring this with you.
- If your child has a favourite cup, beaker, or spoon please bring this with you to use in the appointment.
- You may also wish to bring some spare clothes in case any of spills.
- If you are supporting your child during their videofluoroscopy, bear in mind the lead aprons are heavy and can make you warm, we suggest wearing layers.

If you have any questions please do not hesitate to contact us on uhsussex.slt.rach@nhs.net or call us on **01273 696955 Ext. 62527**



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